SPORTDATA
event technology

RESULT BOOK

CAMPEONATO NACIONAL DE POOMSAE DAN & FREESTYLE 25/26

2026.04.25 - 2026.04.25

PORTUGAL, POR

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NUMBER OF ENTRIES

Participation List (by Club/Team)

#	Code		Club	Male	Female	Total Entries	Total Athletes
1		POR	A.T.V.N. - ASSOCIACAO DE TAEKWONDO DE VENDAS NOVAS	1	0	**1**	**1**
2		POR	ASSOCIACAO TAEKWONDO FOCO E DETERMINAO	1	1	**2**	**2**
3		POR	ACADEMIA TAEDO PORTUGAL TAEKWONDO	15	1	**16**	**8**
4		POR	ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO	5	0	**5**	**3**
5		POR	ALHANDRA TAEKWONDO	2	0	**2**	**2**
6		POR	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL	5	0	**5**	**5**
7		POR	ASSOCIACAO TAEKWONDO COSTA VERDE	19	6	**25**	**10**
8		POR	ASSOCIACAO TAEKWONDO DE GAIA	1	1	**2**	**2**
9		POR	ATENEU ARTISTICO VILAFRANQUENSE	1	0	**1**	**1**
10		POR	CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO	0	4	**4**	**2**
11		POR	CDCCM	21	5	**26**	**16**
12		POR	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS	11	14	**25**	**16**
13		POR	CTDS - CLUBE TAEKWONDO DE SINTRA	5	2	**7**	**5**
14		POR	CENTRO CULTURAL E SOCIAL DE SANTO ANTONIO DOS CAVALEIROS	1	0	**1**	**1**
15		POR	CLUBE ESCOLA TAEKWONDO DA NAZARE	1	5	**6**	**5**
16		POR	CLUBE JOVENS DOURO	1	0	**1**	**1**
17		POR	CLUBE MARCIAL ZEN KWON	2	2	**4**	**2**
18		POR	ESCOLA DE TAEKWONDO APIST	1	2	**3**	**3**
19		POR	FASTKICK CLUBE DE TAEKWONDO	0	1	**1**	**1**
20		POR	GRUPO DEPORTIVO INDEPENDENTE	4	1	**5**	**3**
21		POR	PORTUGAL CULTURA E RECREIO	13	4	**17**	**8**
22		POR	SPORT ALGES E DAFUNDO	2	1	**3**	**2**
23		POR	SPORTING CLUBE CANDALENSE	0	3	**3**	**2**
24		POR	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS	5	0	**5**	**3**
25		POR	TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO	0	3	**3**	**2**
26		POR	TAEKWONDO MINHO	0	2	**2**	**1**
			Totals:	117	58	**175**	**107**

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ENTRYLIST

ENTRY LIST BY CLUB

PORTUGAL

A.T.V.N. - Associacao de Taekwondo de Vendas Novas(A.T.V.N)

	ID	Sex	Family Name	Given Name	Category
1		Male	Pinto	Diogo	Dan SUB 17 Male

Entries: **1**

Academia Taedo Portugal Taekwondo(TAEDO)

	ID	Sex	Family Name	Given Name	Category
2		Male	Almeida	Pedro	Dan SUB 30 Male - R2
3		Male	Almeida	Pedro	Dan SUB 30 Male
4		Male	Almeida	Pedro	Dan SUB 30 Male - FINAL
5		Male	Coelho	Rodrigo	Dan SUB 30 Male - R2
6		Male	Coelho	Rodrigo	Dan SUB 30 Male
7		Male	Coelho	Rodrigo	Dan SUB 30 Male - FINAL
8		Male	Coelho	Rodrigo	Dan 3º Trio Male
9		Female	Ferraz	Maria	Dan mais 65 Female
10		Male	Freitas	Ricardo	Dan SUB 30 Male - R2
11		Male	Freitas	Ricardo	Dan SUB 30 Male
12		Male	Freitas	Ricardo	Dan SUB 30 Male - FINAL
13		Male	Freitas	Ricardo	Dan 3º Trio Male
14		Male	Ivan	Cristian	Dan SUB 17 Male
15		Male	Ribeiro	Rodrigo	Dan SUB 17 Male
16		Male	Rodrigues	Diogo	Dan SUB 14 Male
17		Male	Soares	Tiago	Dan SUB 30 Male
18		Male	Soares	Tiago	Dan 3º Trio Male
19		Male	Soares	Tiago	Freestyle Ind + 18 Male

Entries: **18**

Academia Taekwondo Matosinhos - ATM Associacao(ATM)

	ID	Sex	Family Name	Given Name	Category
20		Male	Andrade	Hugo	Dan SUB 50 Male
21		Male	Pereira	Rodrigo	Dan SUB 17 Male
22		Male	Pereira	Rodrigo	Dan SUB 17 Male - FINAL
23		Male	Pocas	Tomas	Dan SUB 17 Male - FINAL
24		Male	Pocas	Tomas	Dan SUB 17 Male

Entries: **5**

Alhandra Taekwondo(Alhandra)

	ID	Sex	Family Name	Given Name	Category
25		Male	Simoes	Henrique	Dan SUB 17 Male
26		Male	Simoes	Luis	Dan SUB 60 Male

Entries: **2**

Associacao PNF TRICKING - Xairas Taekwondo Penafiel(Xairas)

ID	Sex	Family Name	Given Name	Category

ENTRY LIST BY CLUB

Associacao PNF TRICKING - Xairas Taekwondo Penafiel(Xairas)

	ID	Sex	Family Name	Given Name	Category
27		Male	Moreira	Flavio	Freestyle Ind + 18 Male
28		Male	Moreira	Flavio	Freestyle Pares Mais 18
29		Female	Nogueira	Nadia	Freestyle Pares SUB 17
30		Male	Soares	Alexandre	Freestyle Ind SUB 17 Male
31		Female	Sousa	Ana	Freestyle Pares Mais 18
32		Male	Sousa	Pedro	Freestyle Ind SUB 17 Male
33		Male	Sousa	Pedro	Freestyle Pares SUB 17

Entries: **7**

Associacao Taekwondo Costa Verde(ATCV)

	ID	Sex	Family Name	Given Name	Category
34		Male	Araujo	Martim	Dan 2º Par
35		Male	Araujo	Martim	Dan SUB 17 Male
36		Male	Araujo	Martim	Dan 2º Trio Male
37		Male	Araujo	Martim	Dan SUB 17 Male - FINAL
38		Female	Belous	Anna	Dan 3º Par
39		Female	Belous	Anna	Dan SUB 30 Female
40		Male	Castro	Tiago	Dan 3º Par
41		Male	Castro	Tiago	Dan SUB 30 Male - R2
42		Male	Castro	Tiago	Dan SUB 30 Male
43		Male	Castro	Tiago	Dan 3º Trio Male
44		Female	Costa	Carolina	Dan 3º Par
45		Female	Costa	Carolina	Dan SUB 30 Female
46		Female	Costa	Carolina	Dan SUB 30 Female - FINAL
47		Male	Lobo	Pedro	Dan SUB 17 Male
48		Male	Lobo	Pedro	Dan 2º Trio Male
49		Male	Lobo	Pedro	Dan SUB 17 Male - FINAL
50		Male	Nunes	Goncalo	Dan SUB 30 Male - R2
51		Male	Nunes	Goncalo	Dan 3º Par
52		Male	Nunes	Goncalo	Dan SUB 30 Male
53		Male	Nunes	Goncalo	Dan SUB 30 Male - FINAL
54		Male	Nunes	Goncalo	Dan 3º Trio Male
55		Female	Pinto	Rita	Dan 3º Par
56		Female	Pinto	Rita	Dan SUB 30 Female
57		Male	Ribeiro	Rafael	Dan SUB 17 Male
58		Male	Ribeiro	Rafael	Dan 2º Trio Male
59		Male	Ribeiro	Rafael	Dan SUB 17 Male - FINAL
60		Female	SAntos	Mariana	Dan SUB 17 Female
61		Female	SAntos	Mariana	Dan SUB 17 Female - FINAL
62		Female	SAntos	Mariana	Dan 2º Par
63		Male	Silva	Diogo	Dan SUB 30 Male - R2
64		Male	Silva	Diogo	Dan 3º Par
65		Male	Silva	Diogo	Dan SUB 30 Male
66		Male	Silva	Diogo	Dan 3º Trio Male

Entries: **33**

ENTRY LIST BY CLUB

Associacao Taekwondo de Gaia(ATG)

	ID	Sex	Family Name	Given Name	Category
67		Male	Alves	Gabriel	Dan SUB 30 Male
68		Female	Gaspar	Beatriz	Dan SUB 30 Female

Entries: **2**

ASSOCIACAO TAEKWONDO FOCO E DETERMINAO(FOCO)

	ID	Sex	Family Name	Given Name	Category
69		Female	DIAS	MARIANA	Dan SUB 30 Female
70		Male	PORTUGAL	BERNARDO	Dan SUB 30 Male

Entries: **2**

Ateneu Artistico Vilafranquense(Ateneu)

	ID	Sex	Family Name	Given Name	Category
71		Male	Luis	Nuno	Dan SUB 50 Male

Entries: **1**

CCDBA - Centro Cultural e Desportivo de Brejos de Azeitao(CCDBA)

	ID	Sex	Family Name	Given Name	Category
72		Female	Gordinho	Maria	Dan SUB 17 Female
73		Female	Gordinho	Maria	Dan SUB 17 Female - FINAL
74		Female	Semedeiros	Sofia	Dan SUB 17 Female
75		Female	Semedeiros	Sofia	Dan SUB 17 Female - FINAL

Entries: **4**

CDCCM(CDCCM)

	ID	Sex	Family Name	Given Name	Category
76		Male	Cachao	Joao	Dan 2º Par
77		Male	Cachao	Joao	Dan SUB 17 Male
78		Male	Cachao	Joao	Dan SUB 17 Male - FINAL
79		Male	Cachao	Joao	Dan 2º Trio Male
80		Male	Carrasco	Guilherme	Dan SUB 14 Male
81		Male	Carrasco	Guilherme	Dan 1º Trio Male
82		Male	Carrasco	Guilherme	Dan 1º Par
83		Male	Carvalho	Helder	Dan SUB 65 Male
84		Female	Casimiro	Andreia	Dan SUB 40 Female
85		Female	Casimiro	Andreia	Dan 4º Par
86		Male	Esteves	Santiago	Dan 1º Trio Male
87		Male	Esteves	Santiago	Dan SUB 14 Male
88		Male	Francisco	Tiago	Dan SUB 50 Male
89		Female	Lopes	Ines	Dan SUB 17 Female
90		Female	Lopes	Ines	Dan 2º Par
91		Female	Lourenco	Leonor	Dan SUB 30 Female
92		Female	Paiva	Maria	Dan 1º Par
93		Female	Paiva	Maria	Dan SUB 14 Female
94		Female	Quina	Sabrina	Dan SUB 30 Female
95		Male	Quinta	Dinis	Dan SUB 17 Male

ENTRY LIST BY CLUB

CDCCM(CDCCM)

	ID	Sex	Family Name	Given Name	Category
96		Male	Quinta	Dinis	Dan 2º Trio Male
97		Male	Quinta	Dinis	Dan SUB 17 Male - FINAL
98		Male	Ramos	Rafael	Dan SUB 30 Male
99		Male	Ramos	Rafael	Dan SUB 30 Male - FINAL
100		Male	Ramos	Rafael	Dan SUB 30 Male - R2
101		Male	Redondo	Rodrigo	Dan 1º Trio Male
102		Male	Redondo	Rodrigo	Dan SUB 14 Male
103		Male	Salsinha	Rodrigo	Dan SUB 17 Male
104		Male	Salsinha	Rodrigo	Dan 2º Trio Male
105		Male	Salsinha	Rodrigo	Dan SUB 17 Male - FINAL
106		Male	Santos	Andre	Dan 4º Par
107		Male	Santos	Andre	Dan SUB 50 Male
108		Male	Silva	Santiago	Dan SUB 30 Male

Entries: **33**

Centro Cultural e Social de Santo Antonio dos Cavaleiros(CCSSAC)

	ID	Sex	Family Name	Given Name	Category
109		Male	Ferreira	Ricardo	Dan SUB 40 Male

Entries: **1**

CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS(AGUIAS)

	ID	Sex	Family Name	Given Name	Category
110		Male	BASTOS	RUBEN	Dan SUB 30 Male
111		Female	CERQUEIRA	SOFIA	Dan SUB 17 Female
112		Female	CERQUEIRA	SOFIA	Dan SUB 17 Female - FINAL
113		Male	COELHO	EDGAR	Dan SUB 65 Male
114		Male	FONSECA	TOMAS	Dan SUB 30 Male
115		Male	FONSECA	TOMAS	Dan 3º Par
116		Male	Galhoz	Diogo	Dan SUB 30 Male
117		Male	Galhoz	Diogo	Freestyle Ind + 18 Male
118		Male	Galhoz	Rafael	Freestyle Ind SUB 17 Male
119		Male	Galhoz	Rafael	Dan SUB 14 Male
120		Female	GOMES	ALICE	Dan SUB 17 Female
121		Female	GOMES	ALICE	Dan SUB 17 Female - FINAL
122		Female	GOMES	ALICE	Dan 2º Trio Female
123		Female	Gomes	Carolina	Dan SUB 17 Female
124		Female	Gomes	Carolina	Dan 2º Trio Female
125		Female	GOMES	LARA	Dan SUB 30 Female
126		Female	GOMES	LARA	Dan SUB 30 Female - FINAL
127		Male	GORDINHO	PAULO	Dan SUB 60 Male
128		Female	LOUREIRO	SARA	Dan SUB 30 Female
129		Female	LOUREIRO	SARA	Dan SUB 30 Female - FINAL
130		Male	Monteiro	Rodrigo	Dan SUB 14 Male
131		Female	PEIXE	CRISTIANA	Dan 3º Par
132		Female	PEIXE	CRISTIANA	Dan SUB 30 Female
133		Female	SIMOES	CARINA	Dan SUB 17 Female

ENTRY LIST BY CLUB

CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS(AGUIAS)

	ID	Sex	Family Name	Given Name	Category
134		Female	SIMOES	CARINA	Dan 2º Trio Female
135		Female	SIMOES	CARINA	Dan SUB 17 Female - FINAL
136		Male	VIEIRA	BRUNO	Dan SUB 40 Male
137		Female	Vultos	Isabel	Dan SUB 14 Female

Entries: **28**

Clube Escola Taekwondo da Nazare(Nazare)

	ID	Sex	Family Name	Given Name	Category
138		Female	Barroso	Ines	Dan SUB 50 Female
139		Female	Esperanca	Amelia	Dan SUB 60 Female
140		Female	Esperanca	Carina	Dan SUB 30 Female - FINAL
141		Female	Esperanca	Carina	Dan SUB 30 Female
142		Male	Gradil	Jose	Dan mais 65 Male
143		Female	Hilario	Armanda	Dan SUB 50 Female

Entries: **6**

Clube Jovens DOuro(JDouro)

	ID	Sex	Family Name	Given Name	Category
144		Male	Pinto	Alberto	Dan SUB 50 Male

Entries: **1**

Clube Marcial Zen Kwon(ZenKwon)

	ID	Sex	Family Name	Given Name	Category
145		Female	Alves	Beatriz	Dan SUB 30 Female
146		Female	Alves	Beatriz	Dan 3º Par
147		Female	Alves	Beatriz	Dan SUB 30 Female - FINAL
148		Male	Placido	Joao	Dan SUB 30 Male
149		Male	Placido	Joao	Dan 3º Par

Entries: **5**

CTDS - Clube Taekwondo De Sintra(Sintra)

	ID	Sex	Family Name	Given Name	Category
150		Male	Fidalgo	Bruno	Dan 4º Par
151		Male	Fidalgo	Bruno	Dan SUB 40 Male
152		Female	Lourenco	Joana	Dan SUB 40 Female
153		Female	Lourenco	Joana	Dan 4º Par
154		Male	Ramos	Sergio	Dan SUB 50 Male
155		Female	Silva	Ana	Dan SUB 60 Female
156		Female	Silva	Ana	Dan 5º Par
157		Male	Tomaz	Pedro	Dan 5º Par
158		Male	Tomaz	Pedro	Dan SUB 60 Male

Entries: **9**

ENTRY LIST BY CLUB

Escola de Taekwondo APIST(APIST)

	ID	Sex	Family Name	Given Name	Category
159		Female	Freitas	Marta	Dan SUB 30 Female
160		Female	Meneses	Lidia	Dan SUB 50 Female
161		Male	Passos	Gustavo	Dan SUB 40 Male

Entries: **3**

Fastkick Clube de Taekwondo(Fastkick)

	ID	Sex	Family Name	Given Name	Category
162		Female	Valente	Beatriz	Dan SUB 30 Female

Entries: **1**

Grupo Deportivo Independente(Independente)

	ID	Sex	Family Name	Given Name	Category
163		Male	Almeida	Goncalo	Dan SUB 30 Male - R2
164		Male	Almeida	Goncalo	Dan SUB 30 Male
165		Female	Fonseca	Vera	Dan SUB 50 Female
166		Female	Fonseca	Vera	Dan 4º Par
167		Male	Silva	Armando	Dan 4º Par
168		Male	Silva	Armando	Dan SUB 50 Male

Entries: **6**

Portugal Cultura e Recreio(RECREIO)

	ID	Sex	Family Name	Given Name	Category
169		Female	Amaral	Soraia	Dan 3º Par
170		Female	Amaral	Soraia	Dan SUB 30 Female
171		Female	Amaral	Soraia	Dan SUB 30 Female - FINAL
172		Male	Bouca	Xavier	Dan SUB 30 Male
173		Female	Francisco	Mara	Dan 3º Par
174		Female	Francisco	Mara	Dan SUB 30 Female
175		Female	Francisco	Mara	Dan SUB 30 Female - FINAL
176		Male	Graca	Miguel	Dan SUB 30 Male - R2
177		Male	Graca	Miguel	Dan 3º Par
178		Male	Graca	Miguel	Dan SUB 30 Male
179		Male	Graca	Miguel	Dan SUB 30 Male - FINAL
180		Male	Montrond	Martim	Dan SUB 14 Male
181		Male	Palma	Marco	Freestyle Ind + 18 Male
182		Male	Palma	Marco	Dan SUB 30 Male - R2
183		Male	Palma	Marco	Dan 3º Par
184		Male	Palma	Marco	Dan SUB 30 Male
185		Male	Palma	Marco	Dan SUB 30 Male - FINAL
186		Male	Santos	Joao	Freestyle Ind + 18 Male
187		Male	Soares	Nuno	Dan SUB 60 Male

Entries: **19**

Sport Alges e Dafundo(AlgesDafundo)

	ID	Sex	Family Name	Given Name	Category

ENTRY LIST BY CLUB

Sport Alges e Dafundo(AlgesDafundo)

	ID	Sex	Family Name	Given Name	Category
188		Female	Ascensao	Catarina	Dan SUB 17 Female
189		Female	Ascensao	Catarina	Dan 2º Par
190		Male	Dias	Afonso	Dan 2º Par
191		Male	Dias	Afonso	Dan SUB 17 Male

Entries: **4**

Sporting Clube Candalense(Candalense)

	ID	Sex	Family Name	Given Name	Category
192		Female	Pereira	Maria	Dan SUB 17 Female
193		Female	Pinto	Matilde	Dan SUB 17 Female
194		Female	Pinto	Matilde	Dan SUB 17 Female - FINAL

Entries: **3**

Taekwondo Clube de Vila Real de Santo Antonio(TCVRSA)

	ID	Sex	Family Name	Given Name	Category
195		Female	Martins	Alexandra	Dan SUB 60 Female
196		Female	Martins	Raquel	Dan SUB 17 Female
197		Female	Martins	Raquel	Dan SUB 17 Female - FINAL

Entries: **3**

Taekwondo Clube Santo Antonio Cavaleiros(TCSAC)

	ID	Sex	Family Name	Given Name	Category
198		Male	Martins	Tiago	Dan 3º Trio Male
199		Male	Martins	Tiago	Dan SUB 30 Male - R2
200		Male	Martins	Tiago	Dan SUB 30 Male
201		Male	Martins	Tiago	Dan SUB 30 Male - FINAL
202		Male	Medrhian	Leonardo	Dan SUB 30 Male
203		Male	Medrhian	Leonardo	Dan 3º Trio Male
204		Male	Silvestre	Miguel	Dan 3º Trio Male

Entries: **7**

Taekwondo Minho(Minho)

	ID	Sex	Family Name	Given Name	Category
205		Female	Nunes	Carolina	Dan SUB 30 Female
206		Female	Nunes	Carolina	Dan SUB 30 Female - FINAL

Entries: **2**

Total Entries:**206**

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STATISTICS

Statistics

Participating Countries: 1 **Participating Regions:** 0 **Participating Team/Clubs:** 26

	Competitors	Entries
Female	43	75
Male	64	100
Total	**107**	**175**

Entries per Category	Entries	Teams
Dan 1º Par	-	1
Dan 1º Trio Male	-	1
Dan 2º Par	-	3
Dan 2º Trio Female	-	1
Dan 2º Trio Male	-	2
Dan 3º Par	-	7
Dan 3º Trio Male	-	3
Dan 4º Par	-	3
Dan 5º Par	-	1
Dan SUB 14 Female	2	-
Dan SUB 14 Male	7	-
Dan SUB 17 Female	12	-
Dan SUB 17 Female - FINAL	8	-
Dan SUB 17 Male	13	-
Dan SUB 17 Male - FINAL	8	-
Dan SUB 30 Female	17	-
Dan SUB 30 Female - FINAL	8	-
Dan SUB 30 Male	21	-
Dan SUB 30 Male - FINAL	8	-
Dan SUB 30 Male - R2	11	-
Dan SUB 40 Female	2	-
Dan SUB 40 Male	4	-
Dan SUB 50 Female	4	-
Dan SUB 50 Male	7	-
Dan SUB 60 Female	3	-
Dan SUB 60 Male	4	-
Dan SUB 65 Male	2	-
Dan mais 65 Female	1	-
Dan mais 65 Male	1	-
Freestyle Ind + 18 Male	5	-

Statistics

Freestyle Ind SUB 17 Male	3	-
Freestyle Pares Mais 18	-	1
Freestyle Pares SUB 17	-	1
Totals:	**151**	**24**

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DAN 1º PAR

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 1º Par

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Carrasco Guilherme	
POR		F	Paiva Maria	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 1º Par					
1	CDCCM - Paiva Maria - Carrasco Guilherme	CDCCM		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 1º Par

R1 G1/1 (1)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
1 #142	CDCCM (PAIVA, CARRASCO) (CDCCM)		1.5 | 2.9	3.5 | 3.8	(1.1) | 3.1	(3.4) | (4.1)	(2.3) | 2.7	3.7 | 3.9	1.9 | 2.6	3.4 | 3.7	1.8 | 2.5	3.8 | (3.4)					1.733 | 2.733	3.533 | 3.8		5.899	1

Results

1	CDCCM - Paiva Maria - Carrasco Guilherme	CDCCM		PORTUGAL

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DAN 1º TRIO MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 1º Trio Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Carrasco Guilherme	
POR		M	Esteves Santiago	
POR		M	Redondo Rodrigo	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 1º Trio Male					
1	CDCCM1 - Carrasco Guilherme - Redondo Rodrigo - Esteves Santiago	CDCCM		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 1º Trio Male

R1 G1/1 (1)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
1 #143	CDCCM1 (CARRASCO, REDONDO, ESTEVES) (CDCCM)		2.4 | 2.6	3.7 | 3.8	(2.5) | 2.5	(3.9) | (3.9)	2.4 | 2.6	3.7 | 3.7	2.5 | 2.6	3.6 | 3.5	(2.1) | 1.9	(3.5) | (3.7)					2.433 | 2.566	3.666 | 3.733		6.199	1

Results

1	CDCCM1 - Carrasco Guilherme - Redondo Rodrigo - Esteves Santiago	CDCCM		PORTUGAL

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DAN 2º PAR

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 2º Par

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Araujo Martim	
POR		F	Ascensao Catarina	
POR		M	Cachao Joao	
POR		M	Dias Afonso	
POR		F	Lopes Ines	
POR		F	SAntos Mariana	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 2º Par					
1	ATCV - SAntos Mariana - Araujo Martim	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	CDCCM - Lopes Ines - Cachao Joao	CDCCM		POR - PORTUGAL	
3	Dafungo - Ascensao Catarina - Dias Afonso	SPORT ALGES E DAFUNDO		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 2º Par

R1 G1/1 (3)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
3 #244	ATCV (SANTOS, ARAUJO) (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.9 | 2.8	(4.3) | (4.2)	3.0 | (2.7)	4.3 | 4.3	(2.7) | (2.9)	(3.7) | (3.7)	(3.1) | 2.8	4.2 | 4.0	3.0 | 3.0	4.2 | 4.2					2.966 | 2.833	4.233 | 4.133		7.082	1
1 #242	CDCCM (LOPES, CACH&#65533;O) (CDCCM)		2.8 | 2.6	4.1 | (4.0)	(3.0) | 2.3	4.2 | (4.0)	2.8 | 2.6	4.1 | 4.0	2.9 | (2.8)	4.1 | 4.0	(2.7) | 2.9	4.1 | 4.0					2.833 | 2.666	4.1 | 4.0		6.799	2
2 #243	DAFUNGO (ASCENS&#65533;O, DIAS) (SPORT ALGES E DAFUNDO)		2.6 | 2.5	4.2 | (4.0)	(2.5) | 2.2	3.9 | 4.0	2.9 | (2.3)	3.7 | (3.8)	2.7 | 2.5	4.2 | 4.0	(3.1) | 2.9	(4.0) | 4.0					2.733 | 2.433	4.033 | 4.0		6.599	3

Results

1	ATCV - SAntos Mariana - Araujo Martim	ASSOCIACAO TAEKWONDO COSTA VERDE		PORTUGAL
2	CDCCM - Lopes Ines - Cachao Joao	CDCCM		PORTUGAL
3	Dafungo - Ascensao Catarina - Dias Afonso	SPORT ALGES E DAFUNDO		PORTUGAL

SPORTDATA
event technology

DAN 2º TRIO FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 2º Trio Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	GOMES ALICE	
POR		F	Gomes Carolina	
POR		F	SIMOES CARINA	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 2º Trio Female					
1	AGUIAS - GOMES ALICE - SIMOES CARINA - Gomes Carolina	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 2º Trio Female

R1 G1/1 (1)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
1 #247	AGUIAS (GOMES, SIMOES, GOMES) (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(2.7) | 2.9	4.1 | 4.2	2.7 | 3.0	4.2 | (4.4)	2.8 | (2.9)	4.1 | 4.2	2.7 | 3.0	4.0 | 4.2	(2.9) | 2.8	3.4 | (3.8)					2.733 | 2.933	4.066 | 4.2		6.966	1

Results

1	AGUIAS - GOMES ALICE - SIMOES CARINA - Gomes Carolina	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL

SPORTDATA
event technology

DAN 2º TRIO MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 2º Trio Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Araujo Martim	
POR		M	Cachao Joao	
POR		M	Lobo Pedro	
POR		M	Quinta Dinis	
POR		M	Ribeiro Rafael	
POR		M	Salsinha Rodrigo	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 2º Trio Male					
1	ATCV - Araujo Martim - Lobo Pedro - Ribeiro Rafael	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	CDCCM - Quinta Dinis - Cachao Joao - Salsinha Rodrigo	CDCCM		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 2º Trio Male

R1 G1/1 (2)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
2 #246	ATCV (ARAUJO, LOBO, RIBEIRO) (ASSOCIACAO TAEKWONDO COSTA VERDE)		(2.7) | 2.7	4.2 | (4.2)	2.8 | 2.9	4.0 | (4.3)	(2.9) | 2.6	4.2 | 4.1	2.8 | 3.1	(4.1) | 4.3	2.8 | 2.5	4.2 | 4.1					2.8 | 2.733	4.166 | 4.2		6.949	1
1 #245	CDCCM (QUINT&#65533;, CACH&#65533;O, SALSINHA) (CDCCM)		(2.5) | 2.7	(3.9) | 4.1	(2.6) | (2.8)	4.1 | (4.2)	2.6 | 2.6	3.8 | (4.0)	2.6 | 2.6	3.8 | 4.0	2.6 | 2.7	4.1 | 3.9					2.6 | 2.666	3.933 | 4.033		6.616	2

Results

1	ATCV - Araujo Martim - Lobo Pedro - Ribeiro Rafael	ASSOCIACAO TAEKWONDO COSTA VERDE		PORTUGAL
2	CDCCM - Quinta Dinis - Cachao Joao - Salsinha Rodrigo	CDCCM		PORTUGAL

SPORTDATA
event technology

DAN 3º PAR

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 3º Par

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Alves Beatriz	
POR		F	Amaral Soraia	
POR		F	Belous Anna	
POR		M	Castro Tiago	
POR		F	Costa Carolina	
POR		M	FONSECA TOMAS	
POR		F	Francisco Mara	
POR		M	Graca Miguel	
POR		M	Nunes Goncalo	
POR		M	Palma Marco	
POR		F	PEIXE CRISTIANA	
POR		F	Pinto Rita	
POR		M	Placido Joao	
POR		M	Silva Diogo	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 3º Par					
1	ATCV1 - Costa Carolina - Nunes Goncalo	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	RECREIO - Francisco Mara - Palma Marco	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
3	ZenKwon - Alves Beatriz - Placido Joao	CLUBE MARCIAL ZEN KWON		POR - PORTUGAL	
4	RECREIO1 - Amaral Soraia - Graca Miguel	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
5	ATCV2 - Belous Anna - Silva Diogo	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
6	ATCV3 - Pinto Rita - Castro Tiago	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
7	AGUIAS - PEIXE CRISTIANA - FONSECA TOMAS	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 3º Par

R1 G1/1 (7)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
5 #148	ATCV1 (COSTA, NUNES) (ASSOCIACAO TAEKWONDO COSTA VERDE)		(3.3) | 3.2	5.1 | (5.0)	3.3 | 3.4	4.7 | 5.0	3.3 | 3.4	4.5 | 4.6	3.2 | (3.2)	4.8 | 5.0	(2.9) | 3.2	4.4 | (4.7)					3.266 | 3.266	4.666 | 4.9		8.049	1
6 #149	RECREIO (FRANCISCO, PALMA) (PORTUGAL CULTURA E RECREIO)		3.1 | (3.1)	4.7 | 4.9	3.2 | 3.2	4.9 | 4.9	2.9 | 3.2	4.2 | (4.5)	(3.3) | 3.1	5.1 | (5.0)	(2.8) | 3.4	4.6 | 4.9					3.066 | 3.166	4.733 | 4.9		7.932	2
1 #144	ZENKWON (ALVES, PL\u00CIDO) (CLUBE MARCIAL ZEN KWON)		(3.2) | 3.1	4.4 | 4.5	3.2 | 3.3	4.5 | (4.6)	3.0 | 3.2	(4.2) | (4.2)	3.0 | 2.9	4.3 | 4.5	(2.5) | 3.1	4.4 | 4.5					3.066 | 3.133	4.366 | 4.5		7.532	3
3 #146	RECREIO1 (AMARAL, GRA\u00A) (PORTUGAL CULTURA E RECREIO)		3.0 | 3.1	4.4 | 4.5	3.1 | 3.2	4.5 | 4.5	2.8 | 3.2	4.1 | (4.2)	(3.3) | 2.9	4.6 | (4.7)	(2.7) | 3.2	(4.2) | 4.3					2.966 | 3.166	4.366 | 4.433		7.465	4
2 #145	ATCV2 (BELOUS, SILVA) (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.7 | 3.1	(4.2) | (4.3)	(2.6) | 3.2	4.2 | 4.2	(3.2) | 3.4	4.3 | 4.3	3.1 | 2.8	(4.4) | (4.4)	2.8 | (3.1)	4.3 | 4.4					2.866 | 3.133	4.266 | 4.333		7.299	5
4 #147	ATCV3 (PINTO, CASTRO) (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.8 | 3.0	4.3 | (4.4)	(2.7) | (3.0)	(4.2) | 4.2	2.8 | 3.3	4.1 | (4.3)	(2.9) | 2.7	4.3 | 4.4	2.8 | 3.3	4.3 | 4.4					2.8 | 3.1	4.266 | 4.366		7.266	6
7 #150	AGUIAS (PEIXE, FONSECA) (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(2.9) | 2.9	3.9 | (4.0)	2.9 | 2.8	4.1 | 4.1	(2.8) | (3.1)	4.1 | 4.3	2.9 | 2.8	4.3 | 4.6	2.9 | 3.0	4.4 | (4.2)					2.9 | 2.9	4.166 | 4.2		7.083	7

Results

1	ATCV1 - Costa Carolina - Nunes Goncalo	ASSOCIACAO TAEKWONDO COSTA VERDE		PORTUGAL
2	RECREIO - Francisco Mara - Palma Marco	PORTUGAL CULTURA E RECREIO		PORTUGAL
3	ZenKwon - Alves Beatriz - Placido Joao	CLUBE MARCIAL ZEN KWON		PORTUGAL
4	RECREIO1 - Amaral Soraia - Graca Miguel	PORTUGAL CULTURA E RECREIO		PORTUGAL
5	ATCV2 - Belous Anna - Silva Diogo	ASSOCIACAO TAEKWONDO COSTA VERDE		PORTUGAL
6	ATCV3 - Pinto Rita - Castro Tiago	ASSOCIACAO TAEKWONDO COSTA VERDE		PORTUGAL
7	AGUIAS - PEIXE CRISTIANA - FONSECA TOMAS	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL

SPORTDATA
event technology

DAN 3º TRIO MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 3º Trio Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Castro Tiago	
POR		M	Coelho Rodrigo	
POR		M	Freitas Ricardo	
POR		M	Martins Tiago	
POR		M	Medrhian Leonardo	
POR		M	Nunes Goncalo	
POR		M	Silva Diogo	
POR		M	Silvestre Miguel	
POR		M	Soares Tiago	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 3º Trio Male					
1	ATCV - Silva Diogo - Nunes Goncalo - Castro Tiago	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	TAEDO - Freitas Ricardo - Soares Tiago - Coelho Rodrigo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
3	TCSAC - Medrhian Leonardo - Silvestre Miguel - Martins Tiago	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 3º Trio Male

R1 G1/1 (3)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
1 #248	ATCV (SILVA, NUNES, CASTRO) (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.7 | 3.1	(4.3) | 4.4	(2.6) | 3.0	4.4 | 4.6	2.6 | 3.0	4.1 | (4.3)	2.6 | 3.1	4.3 | 4.5	(3.5) | 2.9	(4.6) | (4.3)					2.633 | 3.033	4.333 | 4.4		7.199	1
3 #250	TAEDO (FREITAS, COELHO, SOARES) (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		2.6 | (2.6)	4.2 | (4.2)	(2.4) | 2.9	4.2 | 4.3	2.7 | 2.7	4.0 | (4.1)	2.4 | 3.0	(4.1) | 4.3	(2.8) | 2.9	4.1 | 4.1					2.566 | 2.833	4.133 | 4.2		6.866	2
2 #249	TCSAC (MEDRHIAN, SILVESTRE, MARTINS) (TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS)		2.6 | 2.7	3.9 | 4.1	(2.3) | 2.7	3.9 | 4.2	2.7 | (2.9)	4.1 | (4.1)	2.5 | 2.9	4.0 | 4.2	(3.1) | (3.1)	(3.8) | (3.8)					2.6 | 2.833	3.933 | 4.133		6.749	3

Results

1	ATCV - Silva Diogo - Nunes Goncalo - Castro Tiago	ASSOCIACAO TAEKWONDO COSTA VERDE		PORTUGAL
2	TAEDO - Freitas Ricardo - Soares Tiago - Coelho Rodrigo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		PORTUGAL
3	TCSAC - Medrhian Leonardo - Silvestre Miguel - Martins Tiago	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS		PORTUGAL

SPORTDATA
event technology

DAN 4º PAR

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 4º Par

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Casimiro Andreia	
POR		M	Fidalgo Bruno	
POR		F	Fonseca Vera	
POR		F	Lourenco Joana	
POR		M	Santos Andre	
POR		M	Silva Armando	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 4º Par					
1	Sintra - Lourenco Joana - Fidalgo Bruno	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	CDCCM - Casimiro Andreia - Santos Andre	CDCCM		POR - PORTUGAL	
3	Independente - Fonseca Vera - Silva Armando	GRUPO DEPORTIVO INDEPENDENTE		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 4º Par

R1 G1/1 (3)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
1 #351	SINTRA (LOUREN&#65533;O, FIDALGO) (CTDS - CLUBE TAEKWONDO DE SINTRA)		(3.3) | (3.4)	4.7 | 4.8	3.3 | 3.3	4.9 | (4.8)	3.4 | (3.4)	4.7 | 4.8	(3.5) | 3.4	4.7 | 4.5	3.3 | 3.3	4.6 | (4.7)					3.333 | 3.366	4.7 | 4.766		8.082	1
2 #352	CDCCM (CASIMIRO, SANTOS) (CDCCM)		3.2 | (3.1)	4.6 | (4.5)	3.0 | 2.9	(4.5) | 4.4	3.1 | 3.0	(4.3) | (4.4)	(3.3) | 3.2	4.4 | 4.3	(2.9) | (2.9)	4.4 | 4.3					3.1 | 3.0	4.433 | 4.366		7.449	2
3 #353	INDEPENDENTE (FONSECA, SILVA) (GRUPO DEPORTIVO INDEPENDENTE)		3.1 | (3.0)	(4.5) | (4.5)	2.9 | 3.1	4.5 | 4.5	3.0 | 2.9	4.3 | 4.3	(3.2) | 2.8	4.2 | (4.1)	(2.7) | 2.9	4.3 | 4.3					3.0 | 2.933	4.366 | 4.366		7.332	3

Results

1	Sintra - Lourenco Joana - Fidalgo Bruno	CTDS - CLUBE TAEKWONDO DE SINTRA		PORTUGAL
2	CDCCM - Casimiro Andreia - Santos Andre	CDCCM		PORTUGAL
3	Independente - Fonseca Vera - Silva Armando	GRUPO DEPORTIVO INDEPENDENTE		PORTUGAL

SPORTDATA
event technology

DAN 5º PAR

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan 5º Par

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Silva Ana	
POR		M	Tomaz Pedro	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 5º Par					
1	Sintra - Silva Ana - Tomaz Pedro	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan 5º Par

R1 G1/1 (1)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
1 #151	SINTRA (SILVA, TOMAZ) (CTDS - CLUBE TAEKWONDO DE SINTRA)		(3.3) | 3.1	4.5 | 4.4	3.3 | 2.9	4.3 | 4.3	3.3 | 3.1	4.5 | 4.3	3.2 | 2.9	4.6 | (4.4)	(3.0) | 3.0	4.1 | (4.2)					3.266 | 3.0	4.433 | 4.333		7.516	1

Results

1	Sintra - Silva Ana - Tomaz Pedro	CTDS - CLUBE TAEKWONDO DE SINTRA		PORTUGAL

SPORTDATA
event technology

DAN SUB 14 FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 14 Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Paiva Maria	
POR		F	Vultos Isabel	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 14 Female					
1	Vultos Isabel	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
2	Paiva Maria	CDCCM		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 14 Female

R1 G1/1 (2)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
2 #109	VULTOS ISABEL (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.8 | (3.0)	4.0 | 4.1	(2.9) | 3.2	3.9 | 4.4	2.9 | 3.3	3.8 | (4.2)	2.5 | 3.4	4.2 | (4.9)	(2.3) | 2.8	4.2 | 4.3					2.733 | 3.166	4.033 | 4.3		7.116	1
1 #108	PAIVA MARIA (CDCCM)		1.6 | 2.8	3.5 | 3.7	1.5 | 2.9	3.4 | 3.8	(2.3) | 3.0	(3.7) | (3.9)	(1.4) | 2.7	3.0 | (3.7)	1.6 | 2.5	3.6 | 4.1					1.566 | 2.8	3.5 | 3.8		5.833	2

Results

1	Vultos Isabel	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL
2	Paiva Maria	CDCCM		PORTUGAL

SPORTDATA
event technology

DAN SUB 14 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 14 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Carrasco Guilherme	
POR		M	Esteves Santiago	
POR		M	Galhoz Rafael	
POR		M	Monteiro Rodrigo	
POR		M	Montrond Martim	
POR		M	Redondo Rodrigo	
POR		M	Rodrigues Diogo	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 14 Male					
1	Montrond Martim	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
2	Monteiro Rodrigo	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
3	Redondo Rodrigo	CDCCM		POR - PORTUGAL	
4	Carrasco Guilherme	CDCCM		POR - PORTUGAL	
5	Esteves Santiago	CDCCM		POR - PORTUGAL	
6	Galhoz Rafael	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
7	Rodrigues Diogo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 14 Male

R1 G1/1 (7)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
7 #107	MONTROND MARTIM (PORTUGAL CULTURA E RECREIO)		3.2 | 3.3	4.9 | (4.9)	(3.5) | 3.2	4.8 | 4.8	3.4 | 3.2	(4.3) | (4.3)	(2.6) | 3.1	4.3 | 5.0	2.8 | 2.9	4.3 | 4.7					3.133 | 3.166	4.466 | 4.8		7.782	1
5 #105	MONTEIRO RODRIGO (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(2.9) | (3.1)	4.4 | (4.5)	2.9 | 3.0	4.4 | 4.6	(2.7) | 3.3	4.0 | 4.3	2.7 | 3.2	3.5 | (4.5)	2.8 | 2.9	4.4 | 4.5					2.8 | 3.1	4.266 | 4.5		7.333	2
6 #106	REDONDO RODRIGO (CDCCM)		2.1 | 2.8	3.4 | 3.6	2.0 | 2.9	(3.6) | 4.0	(2.5) | 3.0	3.8 | (4.2)	(1.7) | 2.9	3.3 | (3.6)	2.2 | 2.4	3.5 | 3.6					2.1 | 2.866	3.5 | 3.733		6.099	3
1 #101	CARRASCO GUILHERME (CDCCM)		(2.3) | 2.5	3.7 | 3.6	(1.7) | 3.0	(3.5) | (4.0)	2.1 | (2.9)	3.5 | 4.2	1.9 | 2.3	30.0 | (3.5)	2.1 | 2.1	3.6 | 4.0					2.033 | 2.566	3.6 | 3.866		6.032	4
4 #104	ESTEVES SANTIAGO (CDCCM)		(2.2) | 2.6	(3.7) | (3.8)	2.1 | 2.7	3.7 | 3.7	2.0 | 2.8	3.6 | 4.0	(1.8) | 2.6	3.3 | (3.7)	2.0 | 2.4	3.5 | 3.7					2.033 | 2.633	3.6 | 3.733		5.999	5
2 #102	GALHOZ RAFAEL (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.0 | 2.5	3.5 | (3.8)	1.9 | 2.4	3.6 | 3.7	(2.2) | (2.6)	(3.7) | (3.9)	(1.7) | 2.4	3.6 | 3.8	1.8 | 2.2	3.7 | 3.8					1.9 | 2.433	3.633 | 3.8		5.883	6
3 #103	RODRIGUES DIOGO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		1.9 | 2.7	3.5 | (3.8)	1.9 | 2.7	(3.4) | 3.6	(2.3) | 2.8	3.5 | 3.9	1.9 | 2.6	3.3 | 3.7	(1.3) | 2.4	3.2 | (3.4)					1.9 | 2.666	3.4 | 3.7		5.833	7

Results

1	Montrond Martim	PORTUGAL CULTURA E RECREIO		PORTUGAL
2	Monteiro Rodrigo	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL
3	Redondo Rodrigo	CDCCM		PORTUGAL
4	Carrasco Guilherme	CDCCM		PORTUGAL
5	Esteves Santiago	CDCCM		PORTUGAL
6	Galhoz Rafael	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL
7	Rodrigues Diogo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		PORTUGAL

SPORTDATA
event technology

DAN SUB 17 FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 17 Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Ascensao Catarina	
POR		F	CERQUEIRA SOFIA	
POR		F	GOMES ALICE	
POR		F	Gomes Carolina	
POR		F	Gordinho Maria	
POR		F	Lopes Ines	
POR		F	Martins Raquel	
POR		F	Pereira Maria	
POR		F	Pinto Matilde	
POR		F	SAntos Mariana	
POR		F	Semedeiros Sofia	
POR		F	SIMOES CARINA	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 17 Female					
9	Ascensao Catarina	SPORT ALGES E DAFUNDO		POR - PORTUGAL	
10	Lopes Ines	CDCCM		POR - PORTUGAL	
11	Gomes Carolina	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
12	Pereira Maria	SPORTING CLUBE CANDALENSE		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 17 Female

R1 G1/1 (12)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
12 #212	SIMOES CARINA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.9 | (2.9)	(4.3) | 4.2	(2.8) | 3.1	4.3 | 4.3	2.9 | 2.9	4.0 | (4.2)	(3.0) | 2.9	4.4 | (4.2)	2.9 | 3.2	(4.1) | 4.1					2.9 | 2.966	4.233 | 4.2		7.149	1
8 #208	GOMES ALICE (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(2.8) | 2.7	4.2 | (4.3)	2.8 | 2.7	4.3 | 4.2	(3.2) | (3.2)	(4.4) | (4.4)	2.8 | 2.7	4.3 | 4.1	2.9 | 3.1	4.2 | 4.1					2.833 | 2.833	4.266 | 4.2		7.066	2
2 #202	SEMEDEIROS SOFIA (CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO)		2.9 | 2.8	(4.3) | (4.1)	2.9 | 3.1	4.2 | 4.3	(2.6) | 3.2	3.8 | (3.9)	2.6 | 2.8	4.1 | 4.0	(3.2) | 3.4	4.0 | 4.3					2.8 | 3.033	4.1 | 4.133		7.033	3
5 #205	PINTO MATILDE (SPORTING CLUBE CANDALENSE)		(2.7) | 2.8	4.2 | 4.1	2.9 | 2.6	4.4 | (4.1)	(3.1) | 3.2	4.2 | 4.1	2.8 | 2.9	4.2 | 3.7	2.7 | 2.9	4.0 | (3.8)					2.8 | 2.866	4.2 | 4.0		6.933	4
1 #201	SANTOS MARIANA (ASSOCIACAO TAEKWONDO COSTA VERDE)		(2.5) | 2.8	(3.8) | (4.1)	2.6 | 2.8	(4.1) | (4.0)	(3.3) | 2.9	4.1 | 4.0	2.5 | 1.4	4.0 | 3.8	2.8 | 2.8	4.0 | 3.8					2.633 | 2.8	4.033 | 3.933		6.699	5
6 #206	CERQUEIRA SOFIA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.6 | 2.4	(4.0) | 3.9	2.5 | 2.6	4.1 | (3.9)	(2.4) | 2.9	3.9 | (4.0)	(2.8) | 2.3	4.0 | 3.8	2.7 | 2.5	3.9 | 3.8					2.6 | 2.5	3.966 | 3.866		6.466	6
7 #207	GORDINHO MARIA (CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO)		(2.4) | 2.4	3.9 | 3.8	2.6 | 2.3	3.9 | 3.8	2.6 | 3.0	4.2 | (3.6)	2.5 | 2.3	(3.8) | 3.7	(2.9) | 2.8	3.7 | (3.8)					2.566 | 2.5	3.866 | 3.766		6.349	7
9 #209	MARTINS RAQUEL (TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO)		(2.5) | 2.2	4.0 | (3.8)	2.6 | 2.2	4.0 | 3.9	(2.8) | 2.0	4.2 | (3.9)	2.6 | 1.8	4.1 | 3.7	2.6 | 2.9	4.0 | 3.9					2.6 | 2.133	4.033 | 3.866		6.316	8
4 #204	ASCENSAO CATARINA (SPORT ALGES E DAFUNDO)		(2.4) | 2.3	(3.8) | (3.8)	2.3 | (2.3)	3.9 | (3.8)	2.3 | 2.7	3.8 | 3.6	(2.1) | 2.5	3.8 | 3.8	2.3 | 2.8	3.9 | 3.8					2.3 | 2.5	3.833 | 3.8		6.216	9
10 #210	LOPES INES (CDCCM)		2.6 | 2.3	4.0 | (3.8)	(2.3) | 2.1	(3.9) | 3.8	2.3 | 2.0	3.8 | (3.8)	2.4 | 2.3	4.0 | 3.7	(2.8) | 2.5	3.9 | 3.9					2.433 | 2.233	3.933 | 3.8		6.199	10
3 #203	GOMES CAROLINA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(2.7) | 2.4	3.9 | 3.8	2.3 | 2.4	3.9 | 3.8	2.6 | (2.6)	3.7 | (3.6)	2.3 | 2.3	4.0 | (3.7)	(2.0) | 2.2	(3.8) | 3.6					2.4 | 2.366	3.866 | 3.7		6.166	11
11 #211	PEREIRA MARIA (SPORTING CLUBE CANDALENSE)		(2.4) | 2.3	3.9 | (3.8)	(2.0) | 2.1	(3.8) | (3.8)	2.2 | 2.1	3.8 | 3.8	2.2 | 2.0	3.9 | 3.6	2.1 | 1.1	3.8 | 3.7					2.166 | 2.066	3.833 | 3.766		5.915	12

- FINAL

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
8	SIMOES CARINA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(3.0) | 3.1	4.3 | 4.5	(3.2) | 2.8	(4.5) | (4.4)	3.2 | 2.4	4.1 | (4.2)	3.2 | 2.6	4.4 | 4.4	3.2 | 3.4	4.3 | 4.4					3.2 | 2.833	4.333 | 4.4		7.383	1
6	SEMEDEIROS SOFIA (CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO)		3.0 | 3.0	(4.4) | (4.3)	(2.7) | (2.7)	(4.2) | 4.2	(3.1) | 3.2	4.3 | 4.4	3.0 | 2.9	4.1 | (4.3)	3.1 | 3.0	4.2 | 4.3					3.033 | 2.966	4.233 | 4.3		7.266	2
7	GOMES ALICE (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.9 | 2.8	(4.3) | 4.2	(2.6) | 3.0	4.2 | 4.3	3.1 | 2.5	4.5 | (4.2)	3.0 | 2.6	4.3 | 4.2	(3.2) | (3.2)	4.1 | (4.2)					3.0 | 2.8	4.266 | 4.2		7.133	3
5	PINTO MATILDE (SPORTING CLUBE CANDALENSE)		2.9 | 2.7	4.2 | 4.2	2.9 | 2.8	4.4 | (4.3)	(3.1) | (3.1)	(4.1) | (4.2)	(2.7) | 2.3	4.2 | 4.1	3.1 | 2.9	4.1 | 4.2					2.966 | 2.8	4.166 | 4.2		7.066	4
3	CERQUEIRA SOFIA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.8 | 2.7	4.1 | (4.1)	(2.6) | 2.4	4.1 | 4.0	(3.1) | 3.0	3.8 | (4.0)	2.8 | 2.5	4.1 | 4.1	2.8 | 3.2	4.1 | 4.2					2.8 | 2.733	4.1 | 4.066		6.849	5
1	MARTINS RAQUEL (TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO)		2.5 | 2.8	(4.0) | 4.2	2.7 | 2.4	(4.2) | (4.0)	(3.0) | 2.6	4.1 | 4.0	(2.3) | 2.4	3.9 | (4.0)	2.5 | 2.8	4.1 | 4.2					2.566 | 2.6	4.066 | 4.066		6.649	6
4	SANTOS MARIANA (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.8 | 2.6	(4.1) | (4.0)	2.5 | 2.8	4.0 | 4.1	(3.0) | (3.0)	4.0 | 3.9	2.7 | 2.4	4.0 | 4.0	(2.0) | 1.6	(3.9) | (4.1)					2.666 | 2.6	4.0 | 4.033		6.649	7
2	GORDINHO MARIA (CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO)		(2.6) | (2.6)	4.0 | (3.9)	2.6 | 2.5	(3.9) | 3.9	3.1 | 2.6	3.9 | 3.7	2.9 | 2.6	3.9 | 3.9	(3.3) | 2.6	3.8 | (3.9)					2.866 | 2.6	3.9 | 3.9		6.633	8

SPORTDATA
event technology

DAN SUB 17 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 17 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Araujo Martim	
POR		M	Cachao Joao	
POR		M	Dias Afonso	
POR		M	Ivan Cristian	
POR		M	Lobo Pedro	
POR		M	Pereira Rodrigo	
POR		M	Pinto Diogo	
POR		M	Pocas Tomas	
POR		M	Quinta Dinis	
POR		M	Ribeiro Rafael	
POR		M	Ribeiro Rodrigo	
POR		M	Salsinha Rodrigo	
POR		M	Simoes Henrique	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 17 Male					
9	Ivan Cristian	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
10	Pinto Diogo	A.T.V.N. - ASSOCIACAO DE TAEKWONDO DE VENDAS NOVAS		POR - PORTUGAL	
11	Simoes Henrique	ALHANDRA TAEKWONDO		POR - PORTUGAL	
12	Dias Afonso	SPORT ALGES E DAFUNDO		POR - PORTUGAL	
13	Ribeiro Rodrigo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 17 Male

R1 G1/1 (13)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
11 #231	RIBEIRO RAFAEL (ASSOCIACAO TAEKWONDO COSTA VERDE)		3.0 | 2.9	4.3 | 4.3	3.1 | 2.9	(4.5) | (4.4)	(2.7) | 3.2	(4.2) | 4.3	(3.2) | 3.0	4.3 | 4.5	3.2 | 3.6	4.0 | (4.2)					3.1 | 3.033	4.266 | 4.333		7.366	1
3 #223	POCAS TOMAS (ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO)		2.9 | 2.8	4.2 | (4.3)	2.9 | 2.8	4.4 | (4.2)	(2.7) | 3.2	(4.3) | 4.1	2.7 | 2.9	4.2 | 4.1	(3.0) | 3.4	4.2 | 4.1					2.833 | 2.966	4.233 | 4.133		7.082	2
5 #225	ARAUJO MARTIM (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.8 | (2.8)	(4.3) | 4.2	(2.9) | 2.8	4.3 | 4.2	(2.7) | 2.7	(4.1) | (4.1)	2.9 | 2.6	4.5 | (4.2)	2.7 | 2.5	4.5 | 4.3					2.8 | 2.7	4.366 | 4.2		7.033	3
9 #229	PEREIRA RODRIGO (ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO)		2.7 | (2.7)	4.2 | 4.2	(2.9) | 2.7	(4.3) | 4.1	(2.6) | 2.7	4.2 | 4.1	2.8 | (2.8)	(4.1) | (4.2)	2.8 | 2.8	4.5 | (4.3)					2.766 | 2.733	4.233 | 4.166		6.949	4
4 #224	CACHAO JOAO (CDCCM)		2.7 | (2.7)	4.1 | (4.0)	2.7 | 2.7	4.1 | 4.0	(2.5) | 2.7	(4.0) | (3.9)	(3.1) | 2.7	4.1 | 4.0	3.1 | 3.3	4.1 | 4.0					2.833 | 2.7	4.1 | 4.0		6.816	5
1 #221	LOBO PEDRO (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.7 | 2.5	(4.1) | 3.9	2.8 | 2.7	4.0 | 3.9	(3.4) | 3.1	4.2 | (4.1)	(2.6) | 2.7	(3.9) | 3.9	2.9 | 3.1	3.8 | (3.9)					2.8 | 2.833	4.0 | 3.9		6.766	6
13 #233	SALSINHA RODRIGO (CDCCM)		2.6 | 2.6	(4.0) | (4.0)	2.8 | 2.6	4.2 | 4.0	(3.0) | 2.6	4.3 | (4.0)	(2.5) | 2.4	4.2 | 4.0	2.6 | 2.7	4.2 | 4.1					2.666 | 2.6	4.2 | 4.0		6.733	7
8 #228	QUINTA DINIS (CDCCM)		2.5 | 2.5	(4.1) | 4.0	(2.4) | 2.5	(4.0) | 4.0	(2.7) | 2.4	4.1 | 4.0	2.5 | 2.3	3.9 | (4.0)	2.7 | 3.0	4.2 | (4.1)					2.566 | 2.466	4.066 | 4.0		6.549	8
12 #232	IVAN CRISTIAN (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		2.5 | 2.4	4.0 | (3.9)	2.5 | 2.4	4.0 | 3.9	2.6 | 2.7	4.0 | 3.9	(2.3) | 2.2	(4.1) | (4.1)	(3.2) | 2.9	4.1 | 3.7					2.533 | 2.5	4.033 | 3.9		6.483	9
6 #226	PINTO DIOGO (A.T.V.N. - ASSOCIACAO DE TAEKWONDO DE VENDAS NOVAS)		2.6 | 2.3	4.0 | 3.9	(2.4) | 2.3	3.9 | 3.8	2.4 | 2.6	(3.8) | (3.9)	2.4 | 2.7	4.0 | 4.2	(2.7) | (2.6)	4.1 | (4.1)					2.466 | 2.5	3.966 | 3.966		6.449	10
10 #230	SIMOES HENRIQUE (ALHANDRA TAEKWONDO)		2.5 | 2.5	(3.9) | (3.9)	(2.4) | 2.4	3.9 | 3.9	2.4 | 2.4	3.9 | 3.9	2.8 | 2.2	(4.0) | (4.0)	(2.9) | (2.9)	3.9 | 3.9					2.566 | 2.433	3.9 | 3.9		6.399	11
2 #222	DIAS AFONSO (SPORT ALGES E DAFUNDO)		2.4 | 2.3	(3.9) | 3.8	(2.2) | 2.1	3.9 | 3.9	2.3 | 2.5	3.8 | (3.7)	2.3 | 2.2	3.9 | 3.8	(2.6) | 2.9	4.0 | (3.8)					2.333 | 2.333	3.9 | 3.8		6.183	12
7 #227	RIBEIRO RODRIGO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		2.3 | 2.2	3.8 | (3.8)	(2.1) | 2.0	3.8 | 3.7	(2.6) | 2.4	(3.9) | 3.8	2.4 | (2.3)	4.0 | (3.9)	2.3 | 2.0	3.8 | 3.7					2.333 | 2.166	3.833 | 3.766		6.049	13

- FINAL

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
8	RIBEIRO RAFAEL (ASSOCIACAO TAEKWONDO COSTA VERDE)		3.1 | 3.1	4.4 | (4.5)	3.0 | 2.7	4.4 | 4.3	(2.9) | 3.0	4.4 | 4.4	(3.2) | 2.8	4.3 | 4.4	3.2 | 3.4	4.1 | (4.2)					3.1 | 2.966	4.366 | 4.366		7.399	1
7	POCAS TOMAS (ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO)		(2.9) | 3.0	(4.3) | (4.4)	2.9 | 3.1	4.3 | 4.5	2.8 | (2.8)	4.3 | 4.3	(2.7) | 2.9	4.3 | 4.4	2.9 | 3.2	4.2 | (4.3)					2.866 | 3.0	4.3 | 4.366		7.266	2
6	ARAUJO MARTIM (ASSOCIACAO TAEKWONDO COSTA VERDE)		(2.9) | 2.8	(4.3) | (4.3)	2.9 | 2.8	4.4 | (4.3)	3.1 | 3.0	4.4 | 4.3	2.9 | 2.7	4.3 | 4.2	(3.3) | 3.0	4.3 | 4.3					2.966 | 2.866	4.333 | 4.3		7.232	3
5	PEREIRA RODRIGO (ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO)		2.9 | 2.8	4.4 | (4.3)	(2.6) | 2.9	4.1 | 4.3	2.7 | (2.8)	4.0 | (4.2)	2.7 | 2.7	4.1 | 4.2	(3.0) | 3.6	4.3 | 4.5					2.766 | 2.833	4.166 | 4.266		7.015	4
2	SALSINHA RODRIGO (CDCCM)		2.7 | (2.7)	(4.1) | 4.2	(2.6) | 2.8	4.1 | 4.2	(2.8) | 2.7	4.0 | (4.1)	2.8 | 2.7	(4.2) | 4.1	2.8 | 3.6	4.3 | (4.2)					2.766 | 2.733	4.133 | 4.166		6.899	5
4	CACHAO JOAO (CDCCM)		(2.7) | 2.7	(4.0) | (4.2)	2.9 | 2.6	(4.2) | (4.1)	2.7 | 2.5	4.1 | 4.0	2.8 | 2.5	4.1 | 4.0	(3.4) | 3.0	4.1 | 4.2					2.8 | 2.6	4.1 | 4.1		6.800	6
3	LOBO PEDRO (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.7 | 2.6	(4.0) | (4.0)	2.8 | 2.3	4.0 | 3.9	(2.5) | 2.7	4.0 | 4.0	2.6 | 2.7	(3.9) | (3.9)	(2.9) | (2.9)	3.9 | 3.9					2.7 | 2.666	3.966 | 3.933		6.632	7
1	QUINTA DINIS (CDCCM)		(2.6) | 2.3	4.0 | (3.9)	(2.8) | 2.2	4.0 | (3.9)	2.7 | 2.5	4.0 | 3.9	2.6 | 2.1	4.0 | 3.8	2.8 | 2.1	4.0 | 3.8					2.7 | 2.2	4.0 | 3.866		6.383	8

SPORTDATA
event technology

DAN SUB 30 FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 30 Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Alves Beatriz	
POR		F	Amaral Soraia	
POR		F	Belous Anna	
POR		F	Costa Carolina	
POR		F	DIAS MARIANA	
POR		F	Esperanca Carina	
POR		F	Francisco Mara	
POR		F	Freitas Marta	
POR		F	Gaspar Beatriz	
POR		F	GOMES LARA	
POR		F	LOUREIRO SARA	
POR		F	Lourenco Leonor	
POR		F	Nunes Carolina	
POR		F	PEIXE CRISTIANA	
POR		F	Pinto Rita	
POR		F	Quina Sabrina	
POR		F	Valente Beatriz	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 30 Female					
9	Belous Anna	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
10	PEIXE CRISTIANA	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
11	Pinto Rita	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
12	Valente Beatriz	FASTKICK CLUBE DE TAEKWONDO		POR - PORTUGAL	
13	Freitas Marta	ESCOLA DE TAEKWONDO APIST		POR - PORTUGAL	
14	Gaspar Beatriz	ASSOCIACAO TAEKWONDO DE GAIA		POR - PORTUGAL	
15	DIAS MARIANA	ASSOCIACAO TAEKWONDO FOCO E DETERMINA��O		POR - PORTUGAL	
16	Lourenco Leonor	CDCCM		POR - PORTUGAL	
17	Quina Sabrina	CDCCM		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 30 Female

R1 G1/1 (17)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
2 #321	COSTA CAROLINA (ASSOCIACAO TAEKWONDO COSTA VERDE)		(3.3) | 3.5	(4.5) | (4.5)	3.4 | 3.4	4.7 | 4.6	3.4 | 3.5	(4.6) | 4.6	3.5 | 3.6	4.5 | 4.6	(3.6) | (3.1)	4.8 | (4.6)					3.433 | 3.466	4.6 | 4.6		8.049	1
3 #322	AMARAL SORAIA (PORTUGAL CULTURA E RECREIO)		3.4 | (3.4)	(4.4) | (4.5)	(3.2) | 3.4	4.5 | 4.6	3.3 | 3.5	4.4 | 4.4	(3.6) | 3.4	4.6 | 4.4	3.4 | 3.4	4.7 | (4.8)					3.366 | 3.4	4.5 | 4.5		7.883	2
11 #330	FRANCISCO MARA (PORTUGAL CULTURA E RECREIO)		(3.4) | 3.3	(4.5) | (4.5)	(3.3) | 3.3	4.5 | 4.4	3.4 | 3.4	4.5 | 4.5	3.4 | 3.5	4.4 | 4.4	3.3 | 3.1	4.3 | (4.2)					3.366 | 3.333	4.466 | 4.433		7.799	3
16 #335	ALVES BEATRIZ (CLUBE MARCIAL ZEN KWON)		(3.0) | 3.3	(4.5) | 4.5	3.0 | 3.2	4.2 | (4.5)	(3.2) | 3.4	(4.3) | 4.5	3.1 | 3.4	4.4 | 4.3	3.1 | 2.9	4.6 | (4.4)					3.066 | 3.3	4.4 | 4.466		7.616	4
6 #325	GOMES LARA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(3.1) | 3.2	4.3 | (4.3)	3.3 | (3.2)	(4.5) | (4.4)	3.3 | 3.2	4.5 | 4.4	(3.6) | 3.3	4.5 | 4.5	3.1 | 2.9	4.3 | 3.9					3.233 | 3.2	4.433 | 4.366		7.616	5
15 #334	NUNES CAROLINA (TAEKWONDO MINHO)		(3.2) | 3.2	4.4 | 4.5	3.2 | 3.2	4.5 | (4.4)	3.2 | 3.1	4.3 | 4.3	(2.9) | 3.3	(4.1) | (4.1)	3.0 | 3.1	4.1 | 4.8					3.133 | 3.166	4.266 | 4.4		7.482	6
5 #324	LOUREIRO SARA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(3.4) | 3.3	4.5 | (4.2)	(2.8) | 2.9	4.1 | (4.4)	3.1 | 3.2	4.3 | 4.3	3.2 | 3.0	4.2 | 4.0	3.2 | 3.0	4.5 | 4.4					3.166 | 3.066	4.333 | 4.3		7.432	7
1 #320	ESPERANCA CARINA (CLUBE ESCOLA TAEKWONDO DA NAZARE)		3.2 | (3.1)	4.1 | (4.2)	(3.0) | 2.9	4.2 | 4.1	3.1 | 2.9	4.2 | 4.0	3.3 | 3.2	4.4 | (4.3)	(3.4) | 3.0	4.4 | 4.3					3.2 | 3.0	4.266 | 4.2		7.333	8
17 #336	BELOUS ANNA (ASSOCIACAO TAEKWONDO COSTA VERDE)		(3.1) | 3.2	4.2 | 4.3	3.0 | 2.9	(4.3) | (4.2)	3.0 | 3.0	4.3 | 4.2	(2.9) | (3.0)	(4.1) | (4.1)	3.1 | 3.0	4.3 | 4.2					3.033 | 3.0	4.266 | 4.2		7.249	9
13 #332	PEIXE CRISTIANA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		3.0 | 3.1	4.3 | 4.8	(2.8) | 2.9	(4.2) | 4.2	3.0 | 3.0	4.2 | 4.2	2.8 | 3.1	4.0 | (4.2)	(3.3) | 2.9	4.5 | (4.2)					2.933 | 3.0	4.233 | 4.2		7.183	10
10 #329	PINTO RITA (ASSOCIACAO TAEKWONDO COSTA VERDE)		3.0 | 2.9	3.9 | (4.2)	3.0 | 2.9	(4.2) | 4.0	(2.9) | (2.8)	4.2 | 4.2	3.1 | 2.4	4.2 | 4.2	(3.2) | 2.8	4.5 | (4.1)					3.033 | 2.833	4.2 | 4.166		7.116	11
14 #333	VALENTE BEATRIZ (FASTKICK CLUBE DE TAEKWONDO)		(3.2) | (3.1)	4.3 | (4.2)	2.7 | 2.8	(3.9) | (4.0)	2.9 | 3.1	4.1 | 4.2	(2.4) | 3.2	3.9 | 3.9	2.6 | 2.5	3.9 | 4.0					2.733 | 3.0	3.966 | 4.066		6.882	12
9 #328	FREITAS MARTA (ESCOLA DE TAEKWONDO APIST)		2.8 | (2.8)	3.9 | 3.8	2.8 | (2.8)	(4.0) | (3.9)	(2.9) | 2.8	4.0 | 4.0	2.9 | 2.8	4.0 | 4.0	(2.6) | 2.8	(3.8) | (3.8)					2.833 | 2.8	3.966 | 3.9		6.749	13
8 #327	GASPAR BEATRIZ (ASSOCIACAO TAEKWONDO DE GAIA)		(2.4) | 2.9	3.5 | (3.8)	2.6 | (2.8)	(3.9) | 3.9	2.6 | 2.7	(3.8) | 3.9	(2.9) | (2.6)	3.9 | 3.9	2.9 | 2.7	4.0 | (3.9)					2.7 | 2.733	3.866 | 3.9		6.599	14
7 #326	DIAS MARIANA (ASSOCIACAO TAEKWONDO FOCO E DETERMINA��O)		2.6 | 2.7	(3.4) | (3.4)	(2.7) | 2.9	3.8 | 3.9	(2.2) | 2.7	3.4 | 4.0	2.4 | 2.9	3.8 | 3.8	2.7 | 2.5	3.9 | (3.6)					2.566 | 2.766	3.666 | 3.766		6.382	15
4 #323	LOURENCO LEONOR (CDCCM)		(2.4) | 2.7	(3.4) | (3.4)	2.6 | 2.5	(3.9) | 3.8	2.4 | 2.3	3.5 | 3.6	2.5 | 2.7	4.0 | (3.9)	(2.9) | 2.5	3.9 | 3.8					2.5 | 2.566	3.766 | 3.733		6.282	16
12 #331	QUINA SABRINA (CDCCM)		(2.0) | 2.2	3.4 | 3.5	2.3 | 2.2	(3.3) | (3.3)	(2.5) | 2.3	3.8 | 3.4	2.1 | 2.8	3.8 | 3.8	2.5 | 2.3	4.0 | (3.9)					2.3 | 2.266	3.666 | 3.566		5.899	17

- FINAL

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
8	COSTA CAROLINA (ASSOCIACAO TAEKWONDO COSTA VERDE)		(3.2) | 3.4	4.7 | (4.9)	3.3 | 3.4	4.8 | 5.0	(3.6) | 3.5	(4.9) | 4.9	3.6 | 3.5	4.9 | 5.0	3.5 | (3.4)	(5.0) | (4.9)					3.466 | 3.433	4.866 | 4.933		8.349	1
7	AMARAL SORAIA (PORTUGAL CULTURA E RECREIO)		(3.1) | 3.3	4.7 | 4.7	3.3 | (3.3)	4.8 | (4.9)	3.3 | 3.3	(4.6) | (4.6)	3.2 | (3.3)	4.6 | 4.7	(3.5) | 3.2	4.8 | 4.6					3.266 | 3.3	4.7 | 4.666		7.966	2
5	ALVES BEATRIZ (CLUBE MARCIAL ZEN KWON)		(3.4) | (3.3)	(4.7) | 4.7	(3.1) | 3.3	4.6 | (4.7)	3.4 | 3.4	4.6 | 4.6	3.2 | (3.2)	4.7 | 4.7	3.3 | 3.2	4.8 | (4.5)					3.3 | 3.266	4.666 | 4.666		7.949	3
6	FRANCISCO MARA (PORTUGAL CULTURA E RECREIO)		3.3 | (3.3)	4.7 | 4.8	(3.5) | 3.3	4.8 | (4.9)	3.4 | 3.3	4.7 | 4.6	3.2 | 3.0	4.6 | 4.6	(3.1) | 3.1	4.2 | (4.5)					3.3 | 3.233	4.666 | 4.666		7.932	4
4	GOMES LARA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		3.3 | 3.3	4.6 | 4.7	(3.0) | 3.1	4.6 | 4.7	(3.4) | (3.1)	4.6 | 4.5	3.1 | 3.4	(4.7) | (4.6)	3.1 | 2.9	4.5 | (4.2)					3.166 | 3.166	4.6 | 4.6		7.766	5
1	ESPERANCA CARINA (CLUBE ESCOLA TAEKWONDO DA NAZARE)		(3.2) | 3.3	4.5 | 4.6	3.2 | 3.2	4.7 | (4.6)	3.2 | 3.0	4.4 | 4.4	(3.1) | 3.2	(4.3) | (4.4)	3.2 | 3.0	4.5 | 4.3					3.2 | 3.133	4.466 | 4.466		7.632	6
3	NUNES CAROLINA (TAEKWONDO MINHO)		(3.1) | 3.0	(4.4) | (4.4)	2.9 | 2.8	(4.3) | 4.4	3.0 | (3.0)	4.4 | 4.4	(2.7) | 2.9	4.4 | 4.3	2.8 | (2.9)	4.2 | (4.4)					2.9 | 2.933	4.366 | 4.4		7.299	7
2	LOUREIRO SARA (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.7 | (3.1)	4.2 | 4.4	2.8 | 3.2	4.3 | 4.6	2.6 | 3.1	4.0 | (4.5)	(2.3) | 3.2	4.4 | (4.4)	(2.9) | 2.7	4.2 | 4.1					2.7 | 3.133	4.233 | 4.433		7.249	8

SPORTDATA
event technology

DAN SUB 30 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 30 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Almeida Goncalo	
POR		M	Almeida Pedro	
POR		M	Alves Gabriel	
POR		M	BASTOS RUBEN	
POR		M	Bouca Xavier	
POR		M	Castro Tiago	
POR		M	Coelho Rodrigo	
POR		M	FONSECA TOMAS	
POR		M	Freitas Ricardo	
POR		M	Galhoz Diogo	
POR		M	Graca Miguel	
POR		M	Martins Tiago	
POR		M	Medrhian Leonardo	
POR		M	Nunes Goncalo	
POR		M	Palma Marco	
POR		M	Placido Joao	
POR		M	PORTUGAL BERNARDO	
POR		M	Ramos Rafael	
POR		M	Silva Diogo	
POR		M	Silva Santiago	
POR		M	Soares Tiago	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 30 Male					
12	Silva Santiago	CDCCM		POR - PORTUGAL	
13	Bouca Xavier	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
14	Soares Tiago	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
15	Placido Joao	CLUBE MARCIAL ZEN KWON		POR - PORTUGAL	
16	PORTUGAL BERNARDO	ASSOCIACAO TAEKWONDO FOCO E DETERMINA��O		POR - PORTUGAL	
17	BASTOS RUBEN	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
18	Galhoz Diogo	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
19	Medrhian Leonardo	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS		POR - PORTUGAL	
20	FONSECA TOMAS	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
21	Alves Gabriel	ASSOCIACAO TAEKWONDO DE GAIA		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 30 Male

R1 G1/1 (21)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
3 #115	PALMA MARCO (PORTUGAL CULTURA E RECREIO)		(3.3) | 3.2	4.8 | 4.9	3.3 | 3.4	4.5 | (4.9)	(3.4) | (3.3)	4.5 | 4.3	3.3 | 3.1	(4.9) | (4.8)	3.4 | 3.4	4.5 | 4.6					3.333 | 3.3	4.6 | 4.766		7.999	1
16 #128	NUNES GONCALO (ASSOCIACAO TAEKWONDO COSTA VERDE)		(3.2) | (3.2)	4.5 | (4.3)	3.2 | 3.3	4.4 | 4.4	(3.1) | 3.3	4.2 | (4.3)	3.2 | 3.3	4.5 | 4.6	3.1 | 3.3	4.5 | 4.5					3.166 | 3.3	4.466 | 4.4		7.666	2
18 #130	GRACA MIGUEL (PORTUGAL CULTURA E RECREIO)		(3.2) | 3.1	4.4 | 4.3	3.2 | 3.3	4.5 | 4.7	3.2 | 3.3	4.2 | (4.3)	3.2 | 2.9	4.5 | 4.4	(3.5) | 3.1	4.6 | (4.4)					3.2 | 3.166	4.466 | 4.366		7.599	3
2 #114	ALMEIDA PEDRO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		3.1 | 3.1	4.5 | 4.6	3.1 | 3.0	(4.6) | (4.4)	(3.4) | 3.2	4.3 | (4.2)	3.2 | (2.8)	4.3 | 4.4	(3.0) | 3.2	4.3 | 4.2					3.133 | 3.1	4.366 | 4.333		7.466	4
12 #124	MARTINS TIAGO (TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS)		(3.0) | 3.1	4.2 | (4.4)	3.0 | 3.2	4.3 | 4.3	(3.2) | 3.4	4.3 | 4.5	3.1 | (3.1)	4.6 | (4.4)	3.1 | 3.2	4.4 | 4.1					3.066 | 3.166	4.333 | 4.366		7.465	5
9 #121	FREITAS RICARDO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		(3.1) | 3.1	(4.1) | (4.3)	3.2 | 3.0	4.4 | 4.2	(3.4) | 3.3	(4.5) | (4.2)	3.1 | 2.9	4.5 | 4.5	3.2 | 3.0	4.2 | 4.1					3.166 | 3.033	4.366 | 4.233		7.399	6
13 #125	COELHO RODRIGO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		(3.0) | (3.1)	4.4 | 4.3	3.0 | 3.2	4.2 | (4.3)	3.0 | 3.2	4.2 | 4.3	3.0 | 3.0	(4.3) | 4.5	(3.2) | (3.2)	(4.5) | (4.3)					3.0 | 3.166	4.3 | 4.3		7.383	7
20 #132	RAMOS RAFAEL (CDCCM)		3.1 | 3.2	4.3 | 4.3	(3.2) | 3.3	4.3 | 4.6	3.0 | 3.1	(4.2) | (4.2)	2.9 | 2.9	4.2 | 4.5	(2.8) | 2.7	4.4 | (4.2)					3.0 | 3.066	4.266 | 4.333		7.332	8
11 #123	SILVA DIOGO (ASSOCIACAO TAEKWONDO COSTA VERDE)		2.9 | (2.9)	4.2 | 4.1	2.9 | 3.1	3.9 | (4.3)	(3.1) | (3.0)	(4.3) | 4.2	3.1 | 2.9	4.6 | (4.2)	(2.8) | 3.0	4.0 | 4.2					2.966 | 2.966	4.166 | 4.2		7.149	9
6 #118	CASTRO TIAGO (ASSOCIACAO TAEKWONDO COSTA VERDE)		3.0 | 3.1	(4.0) | (4.1)	3.1 | 3.0	4.5 | (4.0)	(3.2) | 3.3	4.2 | 4.3	(2.9) | (3.0)	4.0 | 4.4	2.9 | 2.9	4.0 | 4.2					3.0 | 3.033	4.066 | 4.2		7.149	10
8 #120	ALMEIDA GONCALO (GRUPO DEPORTIVO INDEPENDENTE)		2.9 | 3.0	(4.0) | (4.1)	2.9 | 3.1	4.1 | 4.0	(3.0) | 2.9	(4.2) | 4.0	(2.8) | 2.7	4.4 | (4.0)	2.9 | 3.1	4.1 | 4.2					2.9 | 3.0	4.133 | 4.033		7.033	11
10 #122	SILVA SANTIAGO (CDCCM)		2.8 | (3.0)	(3.9) | 3.9	2.8 | 3.0	3.8 | (4.0)	(2.9) | 3.2	4.1 | 4.2	2.9 | 2.9	(4.3) | (4.1)	(2.6) | 2.8	4.2 | 4.3					2.833 | 2.966	4.066 | 4.1		6.982	12
14 #126	BOUCA XAVIER (PORTUGAL CULTURA E RECREIO)		(2.8) | 2.9	4.1 | 4.1	2.8 | 3.0	(4.0) | 4.0	2.8 | 3.0	4.0 | 4.1	(3.0) | 2.9	4.2 | (4.4)	2.9 | (3.1)	3.9 | (4.0)					2.833 | 2.966	4.033 | 4.066		6.949	13
17 #129	SOARES TIAGO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		2.8 | 2.8	4.1 | 4.0	(2.7) | 3.0	3.9 | (4.2)	(3.0) | (2.9)	(4.2) | (4.1)	2.8 | 2.4	4.2 | 4.1	3.0 | 2.9	3.9 | 3.8					2.866 | 2.866	4.066 | 4.066		6.932	14
5 #117	PLACIDO JOAO (CLUBE MARCIAL ZEN KWON)		2.9 | 2.7	3.9 | 3.8	(3.0) | 2.9	(4.0) | 4.0	(2.7) | 3.0	3.8 | (4.0)	2.9 | 2.5	4.6 | (3.7)	2.9 | 3.1	4.0 | 3.9					2.9 | 2.866	3.966 | 3.9		6.816	15
21 #133	PORTUGAL BERNARDO (ASSOCIACAO TAEKWONDO FOCO E DETERMINA��O)		2.6 | 2.7	3.9 | 3.9	(2.5) | 2.8	3.7 | (3.8)	2.7 | (2.9)	3.9 | 4.0	2.6 | 2.8	4.0 | (4.3)	(2.8) | 2.9	3.9 | 4.0					2.633 | 2.833	3.9 | 3.966		6.666	16
15 #127	BASTOS RUBEN (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.7 | 2.8	3.7 | (3.9)	(2.6) | (2.8)	3.7 | 3.8	2.7 | 2.6	3.9 | 3.8	(3.0) | 2.8	4.0 | (4.3)	2.7 | 2.9	3.9 | 4.0					2.7 | 2.8	3.833 | 3.9		6.616	17
19 #131	GALHOZ DIOGO (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(2.4) | 2.8	3.7 | (4.1)	(2.3) | 2.9	3.8 | 4.1	2.3 | 2.8	3.7 | 4.1	2.4 | 2.6	(4.2) | (4.2)	2.4 | 2.8	(4.0) | 4.0					2.366 | 2.8	3.833 | 4.1		6.549	18
1 #113	MEDRHIAN LEONARDO (TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS)		2.7 | 2.9	(3.9) | (3.8)	2.6 | (2.9)	(3.7) | 3.9	2.7 | 2.6	3.8 | 3.7	(2.2) | 2.7	3.5 | (3.7)	(2.8) | 2.8	3.8 | 3.9					2.666 | 2.8	3.766 | 3.8		6.516	19
4 #116	FONSECA TOMAS (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		2.5 | 2.7	3.6 | 3.7	(2.4) | 2.8	3.5 | (3.9)	(2.9) | (2.7)	4.2 | (4.0)	2.7 | (2.8)	3.9 | 4.1	2.8 | 2.9	3.6 | 3.7					2.666 | 2.766	3.7 | 3.866		6.499	20
7 #119	ALVES GABRIEL (ASSOCIACAO TAEKWONDO DE GAIA)		2.4 | 2.6	(3.6) | 3.7	(2.3) | 2.8	3.5 | (3.7)	2.5 | 2.6	3.7 | 3.7	2.4 | 2.7	3.6 | 3.6	(2.7) | 2.9	3.8 | (3.9)					2.433 | 2.7	3.633 | 3.7		6.233	21

- R2

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
11	PALMA MARCO (PORTUGAL CULTURA E RECREIO)		(3.1) | (3.1)	(4.0) | (4.0)	(3.1) | (3.1)	(4.0) | (4.0)	3.1 | 3.1	4.0 | 4.0	3.1 | 3.1	4.0 | 4.0	3.1 | 3.1	4.0 | 4.0					3.1 | 3.1	4.0 | 4.0		7.100	1
10	NUNES GONCALO (ASSOCIACAO TAEKWONDO COSTA VERDE)		(3.0) | (3.0)	(4.0) | (4.0)	(3.0) | (3.0)	(4.0) | (4.0)	3.0 | 3.0	4.0 | 4.0	3.0 | 3.0	4.0 | 4.0	3.0 | 3.0	4.0 | 4.0					3.0 | 3.0	4.0 | 4.0		7.000	2
9	GRACA MIGUEL (PORTUGAL CULTURA E RECREIO)		(2.9) | (2.9)	(4.0) | (4.0)	(2.9) | (2.9)	(4.0) | (4.0)	2.9 | 2.9	4.0 | 4.0	2.9 | 2.9	4.0 | 4.0	2.9 | 2.9	4.0 | 4.0					2.9 | 2.9	4.0 | 4.0		6.900	3
8	ALMEIDA PEDRO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		(2.8) | (2.8)	(4.0) | (4.0)	(2.8) | (2.8)	(4.0) | (4.0)	2.8 | 2.8	4.0 | 4.0	2.8 | 2.8	4.0 | 4.0	2.8 | 2.8	4.0 | 4.0					2.8 | 2.8	4.0 | 4.0		6.800	4

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 30 Male

7	MARTINS TIAGO (TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS)		(2.7) | (2.7)	(4.0) | (4.0)	(2.7) | (2.7)	(4.0) | (4.0)	2.7 | 2.7	4.0 | 4.0	2.7 | 2.7	4.0 | 4.0	2.7 | 2.7	4.0 | 4.0					2.7 | 2.7	4.0 | 4.0		6.700	5
6	FREITAS RICARDO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		(2.6) | (2.6)	(4.0) | (4.0)	(2.6) | (2.6)	(4.0) | (4.0)	2.6 | 2.6	4.0 | 4.0	2.6 | 2.6	4.0 | 4.0	2.6 | 2.6	4.0 | 4.0					2.6 | 2.6	4.0 | 4.0		6.600	6
5	COELHO RODRIGO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		(2.5) | (2.5)	(4.0) | (4.0)	(2.5) | (2.5)	(4.0) | (4.0)	2.5 | 2.5	4.0 | 4.0	2.5 | 2.5	4.0 | 4.0	2.5 | 2.5	4.0 | 4.0					2.5 | 2.5	4.0 | 4.0		6.500	7
4	RAMOS RAFAEL (CDCCM)		(2.4) | (2.4)	(4.0) | (4.0)	(2.4) | (2.4)	(4.0) | (4.0)	2.4 | 2.4	4.0 | 4.0	2.4 | 2.4	4.0 | 4.0	2.4 | 2.4	4.0 | 4.0					2.4 | 2.4	4.0 | 4.0		6.400	8
1	ALMEIDA GONCALO (GRUPO DEPORTIVO INDEPENDENTE)																0.000	0.000		0.000	
2	CASTRO TIAGO (ASSOCIACAO TAEKWONDO COSTA VERDE)																0.000	0.000		0.000	
3	SILVA DIOGO (ASSOCIACAO TAEKWONDO COSTA VERDE)																0.000	0.000		0.000	

- FINAL

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/ Extra	Total	Rank
8	PALMA MARCO (PORTUGAL CULTURA E RECREIO)		(3.3) | (3.4)	5.1 | (5.2)	(3.5) | 3.4	4.7 | 5.1	3.5 | 3.6	4.4 | (4.5)	3.5 | 3.4	5.0 | 5.1	3.5 | 3.3	5.0 | 4.9					3.5 | 3.4	4.9 | 5.033		8.416	1
7	NUNES GONCALO (ASSOCIACAO TAEKWONDO COSTA VERDE)		(3.3) | 3.3	4.9 | (5.0)	3.3 | 3.4	4.5 | 5.0	3.1 | 3.3	4.2 | (4.4)	(3.0) | 3.2	(4.4) | 4.9	3.2 | (3.3)	4.6 | 4.6					3.2 | 3.3	4.5 | 4.833		7.916	2
1	RAMOS RAFAEL (CDCCM)		3.1 | 3.2	4.4 | 4.6	3.2 | (2.9)	4.6 | (4.5)	(3.3) | 3.2	4.3 | (4.2)	3.0 | 3.1	4.5 | 4.7	(2.7) | 2.8	4.6 | 4.5					3.1 | 3.066	4.5 | 4.533		7.599	3
2	COELHO RODRIGO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		(3.1) | 3.1	4.5 | 4.4	(3.4) | (3.4)	4.4 | 4.5	3.2 | 3.1	(4.2) | (4.2)	3.2 | 2.8	(4.6) | (4.6)	3.2 | 2.9	4.3 | 4.5					3.2 | 3.033	4.4 | 4.466		7.549	4
4	MARTINS TIAGO (TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS)		3.2 | 3.1	4.4 | 4.4	3.3 | (3.0)	4.3 | 4.3	(3.4) | 3.2	4.3 | 4.2	3.2 | 3.3	(4.6) | (4.6)	(3.0) | (3.2)	(4.2) | (4.3)					3.233 | 3.166	4.333 | 4.333		7.532	5
6	GRACA MIGUEL (PORTUGAL CULTURA E RECREIO)		3.0 | 3.0	4.2 | (4.3)	(3.3) | 3.1	(4.6) | (4.4)	3.3 | 3.4	(4.3) | 4.3	(2.8) | 3.2	4.4 | 4.6	2.8 | 2.9	4.2 | 4.5					3.033 | 3.1	4.3 | 4.4		7.416	6
5	ALMEIDA PEDRO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		3.1 | 3.0	4.3 | (4.2)	3.2 | (3.1)	(4.2) | 4.3	(3.3) | 3.2	4.2 | 4.2	(2.6) | 3.1	3.9 | (4.4)	3.1 | 3.0	4.3 | 4.2					3.133 | 3.066	4.233 | 4.233		7.332	7
3	FREITAS RICARDO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		3.0 | 2.9	4.3 | 4.2	3.0 | 2.8	4.2 | (4.2)	3.0 | 3.0	4.2 | 4.0	(3.2) | 2.8	4.5 | (4.6)	(2.9) | 3.1	4.3 | 4.6					3.0 | 2.9	4.266 | 4.333		7.249	8

SPORTDATA
event technology

DAN SUB 40 FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 40 Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Casimiro Andreia	
POR		F	Lourenco Joana	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 40 Female					
1	Lourenco Joana	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Casimiro Andreia	CDCCM		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 40 Female

R1 G1/1 (2)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
2 #350	LOURENCO JOANA (CTDS - CLUBE TAEKWONDO DE SINTRA)		3.3 | 3.4	(4.6) | (4.8)	(3.1) | 3.2	4.6 | 4.7	(3.4) | (3.2)	(4.8) | (4.6)	3.4 | 3.4	4.7 | 4.8	3.4 | 3.4	4.6 | 4.7					3.366 | 3.333	4.633 | 4.733		8.032	1
1 #349	CASIMIRO ANDREIA (CDCCM)		(3.2) | (3.1)	(4.5) | (4.4)	3.0 | 2.9	4.4 | 4.3	3.0 | 3.2	4.4 | 4.5	3.2 | 3.2	4.4 | 4.4	(2.8) | (2.8)	(4.2) | (4.2)					3.066 | 3.066	4.4 | 4.366		7.449	2

Results

1	Lourenco Joana	CTDS - CLUBE TAEKWONDO DE SINTRA		PORTUGAL
2	Casimiro Andreia	CDCCM		PORTUGAL

SPORTDATA
event technology

DAN SUB 40 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 40 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Ferreira Ricardo	
POR		M	Fidalgo Bruno	
POR		M	Passos Gustavo	
POR		M	VIEIRA BRUNO	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 40 Male					
1	Fidalgo Bruno	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	VIEIRA BRUNO	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
3	Ferreira Ricardo	CENTRO CULTURAL E SOCIAL DE SANTO ANTONIO DOS CAVALEIROS		POR - PORTUGAL	
4	Passos Gustavo	ESCOLA DE TAEKWONDO APIST		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 40 Male

R1 G1/1 (4)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
1 #345	FIDALGO BRUNO (CTDS - CLUBE TAEKWONDO DE SINTRA)		(3.3) | (3.4)	4.7 | 4.8	3.3 | 3.4	4.8 | (4.9)	3.3 | 3.3	4.5 | 4.4	(3.4) | (3.4)	4.7 | 4.8	3.3 | 3.4	(4.4) | (4.7)					3.3 | 3.4	4.633 | 4.766		8.049	1
2 #346	VIEIRA BRUNO (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		3.1 | 2.9	4.6 | 4.6	(3.3) | 3.0	4.8 | (4.5)	3.2 | 3.0	4.5 | 4.4	3.3 | 3.1	4.5 | 4.4	(3.0) | 3.4	4.3 | (4.7)					3.2 | 3.033	4.533 | 4.5		7.633	2
3 #347	FERREIRA RICARDO (CENTRO CULTURAL E SOCIAL DE SANTO ANTONIO DOS CAVALEIROS)		(3.1) | 3.1	(4.5) | (4.5)	3.0 | 2.9	4.3 | 4.3	2.9 | (3.0)	4.3 | 4.4	(2.8) | 3.2	(4.2) | (4.2)	3.0 | 2.9	4.3 | 4.2					2.966 | 3.0	4.3 | 4.3		7.283	3
4 #348	PASSOS GUSTAVO (ESCOLA DE TAEKWONDO APIST)		2.9 | 2.4	4.5 | (4.3)	2.8 | 2.4	4.1 | 3.9	(2.7) | 2.1	4.0 | (3.3)	(3.0) | 2.5	4.0 | 3.9	2.8 | 2.2	4.2 | 4.0					2.833 | 2.333	4.1 | 3.933		6.599	4

Results

1	Fidalgo Bruno	CTDS - CLUBE TAEKWONDO DE SINTRA		PORTUGAL
2	VIEIRA BRUNO	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL
3	Ferreira Ricardo	CENTRO CULTURAL E SOCIAL DE SANTO ANTONIO DOS CAVALEIROS		PORTUGAL
4	Passos Gustavo	ESCOLA DE TAEKWONDO APIST		PORTUGAL

SPORTDATA
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DAN SUB 50 FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 50 Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Barroso Ines	
POR		F	Fonseca Vera	
POR		F	Hilario Armanda	
POR		F	Meneses Lidia	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 50 Female					
1	Hilario Armanda	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	
2	Fonseca Vera	GRUPO DEPORTIVO INDEPENDENTE		POR - PORTUGAL	
3	Meneses Lidia	ESCOLA DE TAEKWONDO APIST		POR - PORTUGAL	
4	Barroso Ines	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 50 Female

R1 G1/1 (4)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
2 #309	HILARIO ARMANDA (CLUBE ESCOLA TAEKWONDO DA NAZARE)		3.2 | 2.7	4.1 | (3.9)	(3.1) | 3.1	4.2 | 4.0	3.2 | 2.9	(4.4) | 4.1	(3.3) | (2.8)	4.2 | 4.2	3.3 | 3.3	4.9 | (4.4)					3.233 | 2.933	4.266 | 4.1		7.266	1
1 #308	FONSECA VERA (GRUPO DEPORTIVO INDEPENDENTE)		(3.0) | 2.9	3.8 | (4.0)	3.0 | 2.8	4.1 | (4.0)	2.8 | 2.5	3.9 | 3.7	2.8 | 2.6	3.9 | 3.9	(2.5) | (2.7)	4.1 | 4.0					2.866 | 2.7	3.966 | 3.966		6.749	2
3 #310	MENESES LIDIA (ESCOLA DE TAEKWONDO APIST)		(2.6) | 2.5	3.6 | 3.6	2.5 | (2.5)	3.6 | 3.3	2.6 | 2.5	3.5 | (3.6)	2.6 | 2.2	(3.9) | (3.9)	(2.3) | 2.5	3.8 | 3.7					2.566 | 2.5	3.666 | 3.633		6.182	3
4 #311	BARROSO INES (CLUBE ESCOLA TAEKWONDO DA NAZARE)		(1.9) | (1.2)	3.2 | 3.0	1.5 | 1.3	2.7 | 3.1	1.1 | 0.6	1.9 | (1.7)	(0.7) | 1.0	3.3 | (3.3)	1.1 | 1.9	3.3 | 3.5					1.233 | 1.166	3.066 | 3.133		4.299	4

Results

1	Hilario Armanda	CLUBE ESCOLA TAEKWONDO DA NAZARE		PORTUGAL
2	Fonseca Vera	GRUPO DEPORTIVO INDEPENDENTE		PORTUGAL
3	Meneses Lidia	ESCOLA DE TAEKWONDO APIST		PORTUGAL
4	Barroso Ines	CLUBE ESCOLA TAEKWONDO DA NAZARE		PORTUGAL

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DAN SUB 50 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 50 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Andrade Hugo	
POR		M	Francisco Tiago	
POR		M	Luis Nuno	
POR		M	Pinto Alberto	
POR		M	Ramos Sergio	
POR		M	Santos Andre	
POR		M	Silva Armando	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 50 Male					
1	Ramos Sergio	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Francisco Tiago	CDCCM		POR - PORTUGAL	
3	Silva Armando	GRUPO DEPORTIVO INDEPENDENTE		POR - PORTUGAL	
4	Santos Andre	CDCCM		POR - PORTUGAL	
5	Luis Nuno	ATENEU ARTISTICO VILAFRANQUENSE		POR - PORTUGAL	
6	Andrade Hugo	ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO		POR - PORTUGAL	
7	Pinto Alberto	CLUBE JOVENS DOURO		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 50 Male

R1 G1/1 (7)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
5 #305	RAMOS SERGIO (CTDS - CLUBE TAEKWONDO DE SINTRA)		3.3 | 3.3	4.3 | 4.3	(2.8) | 3.2	4.0 | (4.2)	(3.4) | (3.3)	4.4 | 4.4	3.4 | 3.4	4.5 | 4.5	3.1 | 3.2	(4.6) | (4.6)					3.266 | 3.266	4.4 | 4.4		7.666	1
4 #304	FRANCISCO TIAGO (CDCCM)		3.3 | (3.3)	(4.4) | 4.2	(3.2) | 3.1	4.1 | (4.4)	(3.4) | 3.2	4.6 | 4.3	3.2 | 2.9	(4.2) | 4.2	3.3 | 3.1	4.7 | (4.4)					3.266 | 3.133	4.4 | 4.3		7.549	2
1 #301	SILVA ARMANDO (GRUPO DEPORTIVO INDEPENDENTE)		3.2 | 2.9	(4.2) | (3.9)	3.1 | 2.9	4.0 | 3.9	(2.7) | 2.9	(3.9) | (4.0)	(3.3) | 2.7	4.2 | 4.2	2.8 | 2.6	4.0 | 3.9					3.033 | 2.833	4.066 | 3.933		6.932	3
7 #307	SANTOS ANDRE (CDCCM)		(3.1) | 2.7	(4.1) | 3.9	3.0 | (3.0)	4.3 | 4.1	3.1 | 2.6	4.1 | 3.8	2.9 | 2.3	4.0 | (3.9)	(2.7) | 2.5	4.4 | (3.9)					3.0 | 2.6	4.166 | 3.9		6.833	4
6 #306	LUIS NUNO (ATENEU ARTISTICO VILAFRANQUENSE)		(3.0) | 3.0	3.9 | (3.7)	3.0 | 3.1	(4.1) | (4.1)	2.9 | 2.7	4.1 | 3.8	2.8 | 2.7	4.0 | 3.9	(2.3) | 2.6	3.9 | 4.0					2.9 | 2.8	4.0 | 3.9		6.800	5
2 #302	ANDRADE HUGO (ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO)		2.9 | 2.7	4.1 | (4.0)	(3.0) | 2.8	(4.0) | 3.9	3.0 | 2.6	4.1 | 3.8	3.0 | 2.2	4.1 | 3.9	(2.4) | 2.1	3.8 | (3.7)					2.966 | 2.5	4.066 | 3.866		6.699	6
3 #303	PINTO ALBERTO (CLUBE JOVENS DOURO)		(2.2) | 2.4	3.3 | 3.5	2.3 | 2.3	3.0 | (3.4)	2.3 | 1.5	3.5 | 2.6	(2.4) | (2.2)	3.9 | (3.6)	2.3 | 1.9	3.9 | 3.8					2.3 | 2.133	3.566 | 3.5		5.749	7

Results

1	Ramos Sergio	CTDS - CLUBE TAEKWONDO DE SINTRA		PORTUGAL
2	Francisco Tiago	CDCCM		PORTUGAL
3	Silva Armando	GRUPO DEPORTIVO INDEPENDENTE		PORTUGAL
4	Santos Andre	CDCCM		PORTUGAL
5	Luis Nuno	ATENEU ARTISTICO VILAFRANQUENSE		PORTUGAL
6	Andrade Hugo	ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO		PORTUGAL
7	Pinto Alberto	CLUBE JOVENS DOURO		PORTUGAL

SPORTDATA
event technology

DAN SUB 60 FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 60 Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Esperanca Amelia	
POR		F	Martins Alexandra	
POR		F	Silva Ana	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 60 Female					
1	Silva Ana	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Esperanca Amelia	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	
3	Martins Alexandra	TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 60 Female

R1 G1/1 (3)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
1 #110	SILVA ANA (CTDS - CLUBE TAEKWONDO DE SINTRA)		2.8 | 3.0	4.0 | (4.1)	2.7 | (3.1)	(4.1) | 4.0	(2.9) | 2.7	4.1 | 3.9	2.7 | 2.8	4.0 | 3.9	(2.6) | 2.9	4.2 | (3.8)					2.733 | 2.9	4.066 | 3.933		6.816	1
2 #111	ESPERANCA AMELIA (CLUBE ESCOLA TAEKWONDO DA NAZARE)		(2.6) | 2.4	3.8 | (3.6)	2.5 | 2.4	(3.6) | (3.5)	2.6 | 2.3	3.7 | 3.6	(2.4) | (2.2)	3.6 | 3.4	2.5 | 2.1	3.6 | 3.5					2.533 | 2.3	3.633 | 3.533		5.999	2
3 #112	MARTINS ALEXANDRA (TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO)		2.4 | 2.2	3.6 | 3.5	2.5 | 2.3	3.7 | 3.4	(2.7) | 2.0	3.8 | (3.3)	(1.9) | (1.9)	3.4 | (3.2)	2.2 | 2.0	(3.5) | 3.3					2.366 | 2.066	3.6 | 3.333		5.682	3

Results

1	Silva Ana	CTDS - CLUBE TAEKWONDO DE SINTRA		PORTUGAL
2	Esperanca Amelia	CLUBE ESCOLA TAEKWONDO DA NAZARE		PORTUGAL
3	Martins Alexandra	TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO		PORTUGAL

SPORTDATA
event technology

DAN SUB 60 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 60 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	GORDINHO PAULO	
POR		M	Simoes Luis	
POR		M	Soares Nuno	
POR		M	Tomaz Pedro	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 60 Male					
1	Tomaz Pedro	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Soares Nuno	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
3	Simoes Luis	ALHANDRA TAEKWONDO		POR - PORTUGAL	
4	GORDINHO PAULO	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 60 Male

R1 G1/1 (4)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
1 #314	TOMAZ PEDRO (CTDS - CLUBE TAEKWONDO DE SINTRA)		3.2 | 2.6	4.3 | 3.9	3.2 | 2.6	4.3 | 3.8	(3.5) | 3.1	4.5 | (4.1)	(3.1) | (2.7)	4.2 | (4.1)	3.1 | 2.8	4.5 | 4.1					3.166 | 2.7	4.366 | 4.033		7.132	1
3 #316	SOARES NUNO (PORTUGAL CULTURA E RECREIO)		2.9 | 2.8	(4.1) | 4.1	2.9 | 2.9	4.0 | 4.1	2.9 | 3.0	4.0 | 4.1	(2.3) | 2.9	3.9 | (4.1)	(3.1) | 2.8	(4.2) | (4.2)					2.9 | 2.866	4.033 | 4.1		6.949	2
4 #317	SIMOES LUIS (ALHANDRA TAEKWONDO)		(2.7) | 2.4	3.7 | 3.5	2.4 | (2.2)	3.0 | (2.9)	2.6 | 2.4	3.5 | 3.5	(2.1) | 2.4	(3.9) | (3.9)	2.4 | 2.0	3.9 | 3.7					2.466 | 2.333	3.7 | 3.566		6.032	3
2 #315	GORDINHO PAULO (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(1.8) | 2.3	3.5 | 3.5	(2.7) | 2.2	3.9 | (3.1)	2.3 | (2.0)	3.2 | (2.8)	2.2 | 2.0	3.8 | 3.7	2.4 | 1.9	3.9 | 3.3					2.3 | 2.066	3.733 | 3.3		5.699	4

Results

1	Tomaz Pedro	CTDS - CLUBE TAEKWONDO DE SINTRA		PORTUGAL
2	Soares Nuno	PORTUGAL CULTURA E RECREIO		PORTUGAL
3	Simoes Luis	ALHANDRA TAEKWONDO		PORTUGAL
4	GORDINHO PAULO	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL

SPORTDATA
event technology

DAN SUB 65 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan SUB 65 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Carvalho Helder	
POR		M	COELHO EDGAR	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan SUB 65 Male					
1	Carvalho Helder	CDCCM		POR - PORTUGAL	
2	COELHO EDGAR	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan SUB 65 Male

R1 G1/1 (2)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty/Extra	Total	Rank
2 #313	CARVALHO HELDER (CDCCM)		3.2 | 3.1	4.2 | 4.1	3.1 | (3.1)	4.2 | 4.3	(3.0) | 2.9	4.1 | (4.1)	3.1 | 3.1	(4.3) | (4.2)	(3.3) | 2.7	4.2 | 4.0					3.133 | 3.033	4.2 | 4.133		7.249	1
1 #312	COELHO EDGAR (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		(2.4) | (2.0)	3.8 | 3.3	(2.9) | 2.4	4.2 | (3.6)	2.4 | 1.9	3.5 | (2.8)	2.8 | 2.1	4.2 | 3.9	2.8 | 2.0	4.0 | 3.9					2.666 | 2.033	4.0 | 3.6		6.149	2

Results

1	Carvalho Helder	CDCCM		PORTUGAL
2	COELHO EDGAR	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		PORTUGAL

SPORTDATA
event technology

DAN MAIS 65 FEMALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan mais 65 Female

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Ferraz Maria	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan mais 65 Female					
1	Ferraz Maria	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan mais 65 Female

R1 G1/1 (1)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
1 #319	FERRAZ MARIA (ACADEMIA TAEDO PORTUGAL TAEKWONDO)		2.6 | 2.9	3.7 | (3.8)	2.7 | 3.0	3.7 | 4.2	(3.3) | 3.0	(4.3) | (4.3)	(2.4) | 2.9	4.0 | 4.1	3.2 | 3.0	4.3 | 4.1					2.833 | 2.966	4.0 | 4.133		6.966	1

Results

1	Ferraz Maria	ACADEMIA TAEDO PORTUGAL TAEKWONDO		PORTUGAL

SPORTDATA
event technology

DAN MAIS 65 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Dan mais 65 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Gradil Jose	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan mais 65 Male					
1	Gradil Jose	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Dan mais 65 Male

R1 G1/1 (1)

	Competitors		1 ACC	1 PRE	2 ACC	2 PRE	3 ACC	3 PRE	4 ACC	4 PRE	5 ACC	5 PRE	6 ACC	6 PRE	7 ACC	7 PRE	AVG ACC	AVG PRE	Penalty Extra	Total	Rank
1 #318	GRADIL JOSE (CLUBE ESCOLA TAEKWONDO DA NAZARE)		(2.0) | 2.2	(3.4) | (3.7)	2.4 | 2.7	3.5 | 3.7	2.4 | 2.3	3.5 | 3.4	2.0 | 2.2	(3.9) | (3.8)	(2.5) | 2.2	3.8 | 3.9					2.266 | 2.233	3.6 | 3.733		5.916	1

Results

1	Gradil Jose	CLUBE ESCOLA TAEKWONDO DA NAZARE		PORTUGAL

SPORTDATA
event technology

FREESTYLE IND + 18 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Freestyle Ind + 18 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Galhoz Diogo	0
POR		M	Moreira Flavio	0
POR		M	Palma Marco	0
POR		M	Santos Joao	
POR		M	Soares Tiago	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Freestyle Ind + 18 Male

Freestyle Ind + 18 Male R1 G1/1 (5)

	Competitors		1 TEC	1 PRE	2 TEC	2 PRE	3 TEC	3 PRE	4 TEC	4 PRE	5 TEC	5 PRE	6 TEC	6 PRE	7 TEC	7 PRE	AVG TEC	AVG PRE	Penalty/Extra	Total	Rank
2	PALMA MARCO (PORTUGAL CULTURA E RECREIO)		3.7	2.4	3.5	2.3	(3.3)	2.5	3.5	2.7	(4.7)	3.0		(0.0)		(0.0)	3.566	2.533		6.099	1
1 #253	GALHOZ DIOGO (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		3.2	1.9	3.4	2.0	3.1	2.2	(3.0)	2.4	(3.9)	2.5		(0.0)		(0.0)	3.233	2.200		5.433	2
4 #252	MOREIRA FLAVIO (ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL)		(3.7)	2.3	3.4	1.7	3.3	2.3	(2.7)	1.9	3.7	1.8		(0.0)		(0.0)	3.466	2.000	-0.3	5.166	3
3 #251	SOARES TIAGO (ACADEMIA TAEDO PORTUGAL TAEKWONDO)																0.000	0.000		0.000	
5	SANTOS JOAO (PORTUGAL CULTURA E RECREIO)																0.000	0.000		0.000	

SPORTDATA
event technology

FREESTYLE IND SUB 17 MALE

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Freestyle Ind SUB 17 Male

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Galhoz Rafael	
POR		M	Soares Alexandre	
POR		M	Sousa Pedro	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Freestyle Ind SUB 17 Male					
1	Soares Alexandre	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	
2	Sousa Pedro	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Freestyle Ind SUB 17 Male

R1 G1/1 (3)

	Competitors		1 TEC	1 PRE	2 TEC	2 PRE	3 TEC	3 PRE	4 TEC	4 PRE	5 TEC	5 PRE	6 TEC	6 PRE	7 TEC	7 PRE	AVG TEC	AVG PRE	Penalty/Extra	Total	Rank
2 #256	GALHOZ RAFAEL (CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS)		1.7	1.8	2.6	2.0	2.3	2.0	(1.6)	0.9	(2.9)	2.1		(0.0)		(0.0)	2.200	1.933		4.133	1
1 #254	SOARES ALEXANDRE (ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL)		(1.7)	1.3	1.7	1.1	1.8	1.6	1.7	1.0	(2.6)	1.3		(0.0)		(0.0)	1.733	1.233		2.966	2
3 #255	SOUSA PEDRO (ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL)		1.3	1.4	1.1	0.9	(0.7)	1.4	1.4	1.0	1.5	1.0		(0.0)		(0.0)	1.333	1.100		2.433	3

Results

1	Soares Alexandre	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		PORTUGAL
2	Sousa Pedro	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		PORTUGAL

SPORTDATA
event technology

FREESTYLE PARES MAIS 18

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Freestyle Pares Mais 18

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		M	Moreira Flavio	
POR		F	Sousa Ana	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Freestyle Pares Mais 18					
1	xairas - Sousa Ana - Moreira Flavio	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Freestyle Pares Mais 18

R1 G1/1 (1)

	Competitors		1 TEC	1 PRE	2 TEC	2 PRE	3 TEC	3 PRE	4 TEC	4 PRE	5 TEC	5 PRE	6 TEC	6 PRE	7 TEC	7 PRE	AVG TEC	AVG PRE	Penalty/Extra	Total	Rank
1 #257	XAIRAS (SOUSA, MOREIRA) (ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL)		(2.9)	1.8	2.6	2.0	(2.2)	1.8	2.5	2.0	2.6	2.0		(0.0)		(0.0)	2.566	1.933		4.499	1

Results

1	xairas - Sousa Ana - Moreira Flavio	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		PORTUGAL

SPORTDATA
event technology

FREESTYLE PARES SUB 17

Campeonato Nacional de Poomsae DAN & FREEST ..

ENTRIES BY EVENT

Freestyle Pares SUB 17

As of 26 OCT 2026

Code	ID	Gender	Name	Seeding
POR		F	Nogueira Nadia	
POR		M	Sousa Pedro	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Freestyle Pares SUB 17					
1	xairas - Nogueira Nadia - Sousa Pedro	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Freestyle Pares SUB 17

R1 G1/1 (1)

	Competitors		1 TEC	1 PRE	2 TEC	2 PRE	3 TEC	3 PRE	4 TEC	4 PRE	5 TEC	5 PRE	6 TEC	6 PRE	7 TEC	7 PRE	AVG TEC	AVG PRE	Penalty/Extra	Total	Rank
1 #258	XAIRAS (NOGUEIRA, SOUSA) (ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL)		(1.6)	1.4	(1.1)	1.2	1.2	1.0	1.1	0.7	1.4	1.0		(0.0)		(0.0)	1.233	1.066		2.299	1

Results

1	xairas - Nogueira Nadia - Sousa Pedro	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		PORTUGAL

SPORTDATA
event technology

OFFICIAL RESULTS

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Official Results

Dan 1º Par

1	CDCCM - Paiva Maria - Carrasco Guilherme	CDCCM		POR - PORTUGAL	

Dan 1º Trio Male

1	CDCCM1 - Carrasco Guilherme - Redondo Rodrigo - Esteves Santiago	CDCCM		POR - PORTUGAL	

Dan 2º Par

1	ATCV - SAntos Mariana - Araujo Martim	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	CDCCM - Lopes Ines - Cachao Joao	CDCCM		POR - PORTUGAL	
3	Dafungo - Ascensao Catarina - Dias Afonso	SPORT ALGES E DAFUNDO		POR - PORTUGAL	

Dan 2º Trio Female

1	AGUIAS - GOMES ALICE - SIMOES CARINA - Gomes Carolina	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Dan 2º Trio Male

1	ATCV - Araujo Martim - Lobo Pedro - Ribeiro Rafael	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	CDCCM - Quinta Dinis - Cachao Joao - Salsinha Rodrigo	CDCCM		POR - PORTUGAL	

Dan 3º Par

1	ATCV1 - Costa Carolina - Nunes Goncalo	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	RECREIO - Francisco Mara - Palma Marco	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
3	ZenKwon - Alves Beatriz - Placido Joao	CLUBE MARCIAL ZEN KWON		POR - PORTUGAL	
4	RECREIO1	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	

Official Results

	- Amaral Soraia - Graca Miguel				
5	ATCV2 - Belous Anna - Silva Diogo	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
6	ATCV3 - Pinto Rita - Castro Tiago	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
7	AGUIAS - PEIXE CRISTIANA - FONSECA TOMAS	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Dan 3º Trio Male

1	ATCV - Silva Diogo - Nunes Goncalo - Castro Tiago	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	TAEDO - Freitas Ricardo - Soares Tiago - Coelho Rodrigo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
3	TCSAC - Medrhian Leonardo - Silvestre Miguel - Martins Tiago	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS		POR - PORTUGAL	

Dan 4º Par

1	Sintra - Lourenco Joana - Fidalgo Bruno	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	CDCCM - Casimiro Andreia - Santos Andre	CDCCM		POR - PORTUGAL	
3	Independente - Fonseca Vera - Silva Armando	GRUPO DEPORTIVO INDEPENDENTE		POR - PORTUGAL	

Dan 5º Par

1	Sintra - Silva Ana - Tomaz Pedro	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	

Dan SUB 14 Female

1	Vultos Isabel	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
2	Paiva Maria	CDCCM		POR - PORTUGAL	

Dan SUB 14 Male

1	Montrond Martim	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
2	Monteiro Rodrigo	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
3	Redondo Rodrigo	CDCCM		POR - PORTUGAL	
4	Carrasco Guilherme	CDCCM		POR - PORTUGAL	
5	Esteves Santiago	CDCCM		POR - PORTUGAL	

Official Results

6	Galhoz Rafael	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
7	Rodrigues Diogo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	

Dan SUB 17 Female					
9	Ascensao Catarina	SPORT ALGES E DAFUNDO		POR - PORTUGAL	
10	Lopes Ines	CDCCM		POR - PORTUGAL	
11	Gomes Carolina	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
12	Pereira Maria	SPORTING CLUBE CANDALENSE		POR - PORTUGAL	

Dan SUB 17 Female - FINAL					
1	SIMOES CARINA	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
2	Semedeiros Sofia	CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO		POR - PORTUGAL	
3	GOMES ALICE	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
4	Pinto Matilde	SPORTING CLUBE CANDALENSE		POR - PORTUGAL	
5	CERQUEIRA SOFIA	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
6	Martins Raquel	TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO		POR - PORTUGAL	
7	SAntos Mariana	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
8	Gordinho Maria	CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO		POR - PORTUGAL	

Dan SUB 17 Male					
9	Ivan Cristian	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
10	Pinto Diogo	A.T.V.N. - ASSOCIACAO DE TAEKWONDO DE VENDAS NOVAS		POR - PORTUGAL	
11	Simoes Henrique	ALHANDRA TAEKWONDO		POR - PORTUGAL	
12	Dias Afonso	SPORT ALGES E DAFUNDO		POR - PORTUGAL	
13	Ribeiro Rodrigo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	

Official Results

Dan SUB 17 Male - FINAL

1	Ribeiro Rafael	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	Pocas Tomas	ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO		POR - PORTUGAL	
3	Araujo Martim	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
4	Pereira Rodrigo	ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO		POR - PORTUGAL	
5	Salsinha Rodrigo	CDCCM		POR - PORTUGAL	
6	Cachao Joao	CDCCM		POR - PORTUGAL	
7	Lobo Pedro	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
8	Quinta Dinis	CDCCM		POR - PORTUGAL	

Dan SUB 30 Female

9	Belous Anna	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
10	PEIXE CRISTIANA	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
11	Pinto Rita	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
12	Valente Beatriz	FASTKICK CLUBE DE TAEKWONDO		POR - PORTUGAL	
13	Freitas Marta	ESCOLA DE TAEKWONDO APIST		POR - PORTUGAL	
14	Gaspar Beatriz	ASSOCIACAO TAEKWONDO DE GAIA		POR - PORTUGAL	
15	DIAS MARIANA	ASSOCIACAO TAEKWONDO FOCO E DETERMINA��O		POR - PORTUGAL	
16	Lourenco Leonor	CDCCM		POR - PORTUGAL	
17	Quina Sabrina	CDCCM		POR - PORTUGAL	

Dan SUB 30 Female - FINAL

1	Costa Carolina	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
2	Amaral Soraia	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
3	Alves Beatriz	CLUBE MARCIAL ZEN KWON		POR - PORTUGAL	
4	Francisco Mara	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
5	GOMES LARA	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Official Results

6	Esperanca Carina	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	
7	Nunes Carolina	TAEKWONDO MINHO		POR - PORTUGAL	
8	LOUREIRO SARA	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Dan SUB 30 Male

12	Silva Santiago	CDCCM		POR - PORTUGAL	
13	Bouca Xavier	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
14	Soares Tiago	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
15	Placido Joao	CLUBE MARCIAL ZEN KWON		POR - PORTUGAL	
16	PORTUGAL BERNARDO	ASSOCIACAO TAEKWONDO FOCO E DETERMINA��O		POR - PORTUGAL	
17	BASTOS RUBEN	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
18	Galhoz Diogo	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
19	Medrhian Leonardo	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS		POR - PORTUGAL	
20	FONSECA TOMAS	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
21	Alves Gabriel	ASSOCIACAO TAEKWONDO DE GAIA		POR - PORTUGAL	

Dan SUB 30 Male - FINAL

1	Palma Marco	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
2	Nunes Goncalo	ASSOCIACAO TAEKWONDO COSTA VERDE		POR - PORTUGAL	
3	Ramos Rafael	CDCCM		POR - PORTUGAL	
4	Coelho Rodrigo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
5	Martins Tiago	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS		POR - PORTUGAL	
6	Graca Miguel	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
7	Almeida Pedro	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	
8	Freitas Ricardo	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	

Official Results

Dan SUB 40 Female					
1	Lourenco Joana	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Casimiro Andreia	CDCCM		POR - PORTUGAL	

Dan SUB 40 Male					
1	Fidalgo Bruno	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	VIEIRA BRUNO	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	
3	Ferreira Ricardo	CENTRO CULTURAL E SOCIAL DE SANTO ANTONIO DOS CAVALEIROS		POR - PORTUGAL	
4	Passos Gustavo	ESCOLA DE TAEKWONDO APIST		POR - PORTUGAL	

Dan SUB 50 Female					
1	Hilario Armanda	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	
2	Fonseca Vera	GRUPO DEPORTIVO INDEPENDENTE		POR - PORTUGAL	
3	Meneses Lidia	ESCOLA DE TAEKWONDO APIST		POR - PORTUGAL	
4	Barroso Ines	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	

Dan SUB 50 Male					
1	Ramos Sergio	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Francisco Tiago	CDCCM		POR - PORTUGAL	
3	Silva Armando	GRUPO DEPORTIVO INDEPENDENTE		POR - PORTUGAL	
4	Santos Andre	CDCCM		POR - PORTUGAL	
5	Luis Nuno	ATENEU ARTISTICO VILAFRANQUENSE		POR - PORTUGAL	
6	Andrade Hugo	ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO		POR - PORTUGAL	
7	Pinto Alberto	CLUBE JOVENS DOURO		POR - PORTUGAL	

Dan SUB 60 Female					
1	Silva Ana	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Esperanca Amelia	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	

Official Results

3	Martins Alexandra	TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO		POR - PORTUGAL	

Dan SUB 60 Male

1	Tomaz Pedro	CTDS - CLUBE TAEKWONDO DE SINTRA		POR - PORTUGAL	
2	Soares Nuno	PORTUGAL CULTURA E RECREIO		POR - PORTUGAL	
3	Simoes Luis	ALHANDRA TAEKWONDO		POR - PORTUGAL	
4	GORDINHO PAULO	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Dan SUB 65 Male

1	Carvalho Helder	CDCCM		POR - PORTUGAL	
2	COELHO EDGAR	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS		POR - PORTUGAL	

Dan mais 65 Female

1	Ferraz Maria	ACADEMIA TAEDO PORTUGAL TAEKWONDO		POR - PORTUGAL	

Dan mais 65 Male

1	Gradil Jose	CLUBE ESCOLA TAEKWONDO DA NAZARE		POR - PORTUGAL	

Freestyle Ind SUB 17 Male

1	Soares Alexandre	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	
2	Sousa Pedro	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	

Freestyle Pares Mais 18

1	xairas - Sousa Ana - Moreira Flavio	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	

Freestyle Pares SUB 17

1	xairas - Nogueira Nadia - Sousa Pedro	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL		POR - PORTUGAL	

SPORTDATA
event technology

MEDAL STANDING

Campeonato Nacional de Poomsae
DAN & FREESTYLE 25/26 - 2026-04-25

Medals - Club

Rank	Club	1. Place	2. Place	3. Place
1	CTDS - CLUBE TAEKWONDO DE SINTRA, POR	7	0	0
2	ASSOCIACAO TAEKWONDO COSTA VERDE, POR	6	1	1
3	CDCCM, POR	3	6	2
4	CLUBE DESPORTIVO E RECREATIVO AGUIAS UNIDAS, POR	3	3	1
5	ASSOCIACAO PNF TRICKING - XAIRAS TAEKWONDO PENAFIEL, POR	3	1	0
6	PORTUGAL CULTURA E RECREIO, POR	2	3	0
7	CLUBE ESCOLA TAEKWONDO DA NAZARE, POR	2	1	0
8	ACADEMIA TAEDO PORTUGAL TAEKWONDO, POR	1	1	0
9	GRUPO DEPORTIVO INDEPENDENTE, POR	0	1	2
10	CCDBA - CENTRO CULTURAL E DESPORTIVO DE BREJOS DE AZEITAO, POR	0	1	0
	ACADEMIA TAEKWONDO MATOSINHOS - ATM ASSOCIACAO, POR	0	1	0
12	CLUBE MARCIAL ZEN KWON, POR	0	0	2
13	CENTRO CULTURAL E SOCIAL DE SANTO ANTONIO DOS CAVALEIROS, POR	0	0	1
	SPORT ALGES E DAFUNDO, POR	0	0	1
	ESCOLA DE TAEKWONDO APIST, POR	0	0	1
	TAEKWONDO CLUBE DE VILA REAL DE SANTO ANTONIO, POR	0	0	1
	ALHANDRA TAEKWONDO, POR	0	0	1
	TAEKWONDO CLUBE SANTO ANTONIO CAVALEIROS, POR	0	0	1